



Pet Tidings

Fourth Time's a Charm

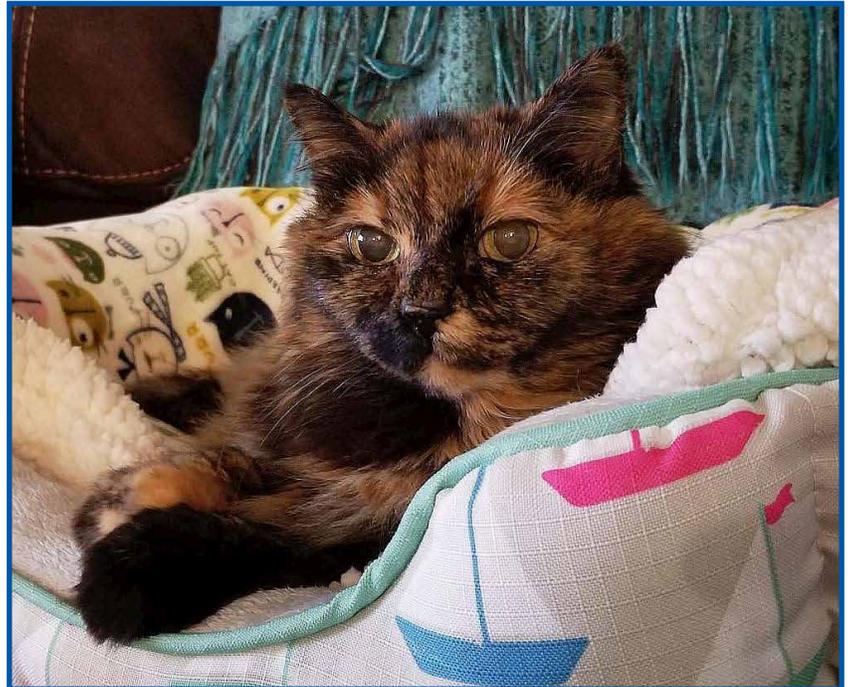
by Marilyn Ash

Life as a stray is never easy. Life as a stray cat near the rain forest on the Olympic Peninsula can be very difficult, and sometimes dangerous.

In 2004, a mother cat and her six month-old kittens were found in the Forks area. One of our PFOA foster moms cared for her and her litter. She ended up adopting two of the kittens, and brought the mom and her remaining two kittens to Safe Haven. The kittens soon found new homes, but the two year-old mama cat was not so fortunate. Her name was Lexi.

You see, Lexi was afflicted with an incurable condition – tortitude. It is the term used to describe the unique behavior of many cats with tortoiseshell coloring. Torties may be strong-willed, hot-tempered, feisty and unpredictable. Torties also have a lot to say – about everything!

And Lexi? She was blessed with a healthy dose of tortitude. She loved people, craved lots of attention and



couldn't stand other cats. To make matters worse, she loved to eat. Like many cats left to fend for themselves at an early age, she was missing the internal trigger that signaled, "I'm full." So she ate, and ate some more, until the food was gone. Then she went looking for more food. She was quite adept at finding every crumb left by other kitties.

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Smokey

ADOPTED!
SEE PAGE 10
FOR MORE



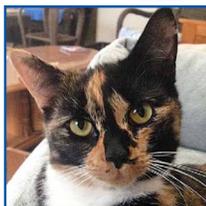
Cosmo



Albi



Abigail



Blossom

SEE SOME
PETS AVAILABLE
FOR ADOPTION
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Astrid

Paisley's Story



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Pet Tidings

Published 3 Times a Year

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Pet Tidings welcomes submissions. We reserve the right to edit for space and clarity. Send photos, in high-resolution, to pfoa@olympen.com.

USPS Identification
Statement

Pet Tidings is published
three times a year by
Peninsula Friends of Animals
PO Box 404
Sequim, WA 98382.



From the Editor's Desk

For some time, the editorial staff and PFOA Board of Directors have discussed how to make *Pet Tidings* as enjoyable and interesting as possible. In reviewing the newsletter, the most obvious improvement would be the ability to show the photographs in their original full color beauty. However, we have always had to balance the benefits of a full color newsletter with the substantial additional cost.

One compromise we made was to print the newsletter in black/white and publish it on the website in full color. We encouraged you, our readers, to subscribe to the website version, rather than receive your *Pet Tidings* by mail. Many of you accommodated this request, and we thank you. Not only did this save in printing and mailing cost, but you were able to view the newsletter as it was designed – in color.

Working with several vendors, we were recently able to obtain much lower pricing on full color printing. The total cost of the full color issues is now within about 5% of the former cost of black/white printing. Starting with the last issue (Fall, 2018), we began printing *Pet Tidings* in full color, and will continue to do so for the foreseeable future. Of course, a substantial part of our savings still comes from our readers who have opted to read *Pet Tidings* online. We encourage all of you to continue online access. Every issue that we don't have to print and mail results in savings, which, of course, are always "for the kitties."

- Marilyn Ash, Editor



Mews from the Board

One question Peninsula Friends of Animals frequently receives concerns our policy of keeping bonded kitties together. In many cases, one of the kitties is more outgoing, more social or more dominant. It is quite natural that this cat receives more attention from prospective adopters. The question then arises: "I only wish to adopt one cat. Why do you insist that I take both?"

When two cats spend most, if not all of their lives together, there is a very strong bond that develops. The cats may or may not be siblings – the important ingredient is a shared existence and dependence. If one cat is more dominant, that cat will frequently act as protector of the other. With equally social cats, the two form a unit. When the cats are separated, thereby breaking the bond, both are left less than whole – a vitally important part of their lives is missing. Although some cats will adjust to the loss, some will not. And why put them through the pain of separation and loss of their partner? At PFOA, we respect the bond and believe that it is worth the extra time and expense required to keep bonded cats together. And we appreciate the help from all of our members and donors who provide the financial means to support this policy.

- Board of Directors, Peninsula Friends of Animals



If you are mailing a donation to us, please mail it to our post office box (PO Box 404, Sequim, WA 98382), rather than our physical address. Our mailbox is located right on the side of Highway 101, and is unsecured. And once again, thanks for your donations "for the kitties!"

Blessed with a healthy dose of tortitude



---Continued from Page 1 After two years, Lexi weighed 16 pounds. Because she had a compact body with short legs, she looked more like a 20-pounder.

Lexi was finally adopted in 2006. She enjoyed her life with her new family, but after a couple of years, through no fault of her own, Lexi ended up back at Safe Haven. One of our longtime volunteers, Helen Hille, fell in love with Lexi, and took her home. Because she loved Helen, Lexi tolerated Helen's other cats. Because she didn't have a choice, Lexi adapted to a raw food diet and was able to trim down to a svelte 11 pounds. But after four happy years, Lexi lost her beloved Helen, and returned to Safe Haven in early 2013.

Not surprisingly, Lexi was adopted again very quickly. She is a gorgeous, stunning cat with a beautiful long orange and brown coat and huge round eyes. Unfortunately, two years later, she lost her third home when her caregiver died unexpectedly. And so, Lexi returned to Safe Haven for the fourth time. At 14 years old, she was now considered a senior, even though she was healthy with many good years left. Her only problem was her weight. Lacking the carefully supervised meals provided by Helen, Lexi had gained three pounds. She was immediately put back on her diet.

Most mature cats take longer to be adopted. Some are never adopted, and live the rest of their lives in the comfortable environment of Safe Haven. Ideally, our goal is to place every rescue in his/her own individual home. But after two years, it appeared likely that Lexi would remain with her friends as one of the Safe Haven "house cats."

Fortunately, Lexi's story did not end at Safe Haven. Here is "the rest of the story."

* * *

Alex had just lost a beloved kitty. As a young adult, Alex and her father had adopted Taffy, a six year-old rescue

kitty, and Alex and Taffy shared a very special bond. After 11 wonderful years of unconditional love, Taffy decided that her wings were ready even if Alex's heart was not. You see, Taffy had cancer. After a seizure, Taffy lost mobility to half her body. Alex and her father rushed her to their vet, who said that there was only a small chance that Taffy would recover. Brokenhearted, they made the only possible choice: they said their goodbyes and Alex held Taffy until her very last breath.

Coming home to an empty house was horrible. Alex never wanted to experience that feeling again, and never wanted to adopt again. After about a month, a co-worker offered a different viewpoint: "Alex, Taffy passed away knowing she was loved beyond words! You know how many kitties, especially older cats, pass away in a shelter not knowing what that feels like?." Alex thought, "It's true that people overlook the older kitties. I got Taffy at six years old. I can't imagine what even older kitties go through."

After she got home, Alex thought about what her friend had said. Sitting by Taffy's memorial, she asked, "Taff, if you ever want me to adopt another kitty again, and give another senior cat a loving home, can you let me know?"

That night, Alex woke up with an urge to check her email. For the first time in almost 12 years, there was an email from Petfinder. She opened the email, clicked on the link, and there was Lexi!

The next day Alex called Safe Haven, as well as two other shelters advertising a senior kitty, and was told that all three were available. She thought about it for a couple of days, decided to meet the three

kitties, and found that Lexi was the only one still available. It was obvious that Lexi was truly the one, and Alex and her father drove over three hours to the shelter to bring Lexi home. It was just a few days before Lexi's 16th birthday.

Lexi's new mom and grandpa adore her. On her birthday, instead of a cake with creamy frosting and pink candles, Lexi got salmon sashimi and lots of love, special treats, kisses and hugs.



Continued on Page 4

Lexi's Story Continued



---Continued from Page 3

Lexi rules the house and her new family's hearts. During the day she sits in a soft bed in her "special scratchy house next to the window," giving her a view of all the squirrels and bird feeders in the big yard. In the evenings, she curls up on her very own couch (and sometimes steals her grandpa's couch!) Her mom and grandpa wrap her up in her blanket. If they forget to cover her head fully, she has now figured out how to do it herself!

And her diet? Lexi no longer begs for human food. She knows that if she waits, she will get a treat – usually a minnow or low cal kitty treat. At mealtimes, Lexi sits patiently while Alex is fixing her food, and waits until she is told to go ahead and eat.

With all the love and attention, Lexi looks and acts much younger than the less active cat who spent more of her time taking cat naps at Safe Haven. When Alex comes home from work, Lexi runs to her for hugs, a good brushing and discussion of "how was your day." Lexi and Alex then play games with Lexi's toys. Her favorite is the feather "thingy" – playing with this toy causes Lexi to transform from lady to ferocious feline – instantly.

Although we all miss her, we are thrilled that Lexi has finally found her forever home. But not all stories have purrfect endings, especially for an older, overweight, stray cat with tortitude. At Safe Haven, we are fortunate to be able to help most of the Lexis who are, through no fault of their own, without a home. This is only possible because of the help provided by all of PFOA's generous friends. Your support has allowed us to rescue and rehome thousands of cats over almost 20 years, and will allow us to continue that labor of love for many more years. ❀



🐾 Dear Rosie and Boo,

First, I want to say welcome to Boo. It seems like a great chance for Boo to learn from our great and wise Rosie. What a very exciting time for you both!

Now, to my dilemma: My two canine siblings, Oliver and Penelope, are quarreling. I happen to know that Oliver is peeing all over the laundry room when Mama and Papa aren't looking, completely missing the pee pads, and Penelope is suspected as being the culprit. Ollie is tired of Penelope's puppy ways, and is trying to get even with her, but I think she's mellowing.

So, do I tell Mama and Papa? Or do I tell Ollie to knock it off? Or do I just stay out of it?

I heard Mama threaten to "send them to China if they don't knock it off" – but I'm sure she's joking. I think. Write back soon, just in case!

Much love, Emma Bear

Rosie replies:

Hello, Emma! Yes, I'm sure your mama is joking about China, but it's good that you wrote to us.

Boo and I discussed this for a while, and we're of differing opinions. I believe that, as the feline of the group, you should talk with both of them and mediate the situation. Perhaps Oliver can see that Penelope is mellowing, and this is his chance to finally respond to her "puppy ways" – but we don't want Penelope becoming angry with Oliver and plotting her own revenge. I believe that you can bring the two of them to their senses before your mama and papa get too angry. The household peace depends on your great skills!

Boo replies:

Hi, Emma! Thanks for the welcome!

Well, I'm new at this, but Rosie says to go for it and so I'm gonna go for it and just tell you that I think you should tell Oliver to knock it off. I thought maybe you should tell your mama but then I didn't want Oliver to get in trouble, and I don't think you should talk to both of them at once because I kinda feel like Oliver would get embarrassed about it. So I figured talking to Oliver alone would give him a chance to say what he feels without getting into trouble.

Wow. I hope I haven't confused you too much. Sorry about not agreeing with Rosie. But let us know what you decide to do and how it goes! I want to learn to do this job really well and hearing what happens will help me. Thanks for giving me a chance!

Meet a Volunteer: Keith And Catherine White

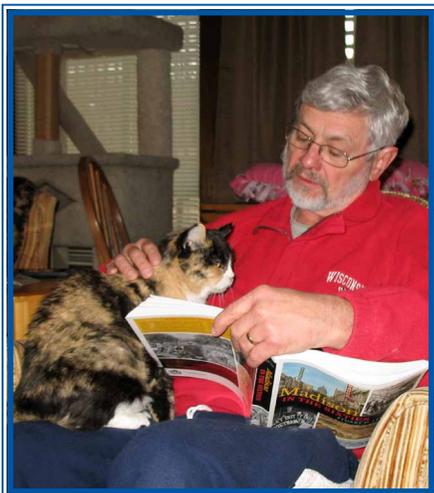
By Alicia Demetropolis

Once each week, Carmine comes out from hiding and snuggles up to a lovely woman named Catherine. Catherine’s husband heads for Merry’s room, and then sits with July. Each kitty gets his and her own quiet time with these beautiful people, as they read books describing the joy and wonder of felines.

These are our volunteers, Catherine and her husband, Keith, who have found joy in reading to our rescues.

After retiring from a lifetime of working in university settings, the couple settled in the area. “We wanted to travel a lot,” Catherine says, “so we weren’t ready to adopt a pet yet. We decided that if we volunteered with cats, we’d be at risk of wanting to take one home, so we started with dogs.”

They were introduced to the idea of reading to rescues at a shelter in Jefferson County, where an employee suggested it as a bit of an experiment.

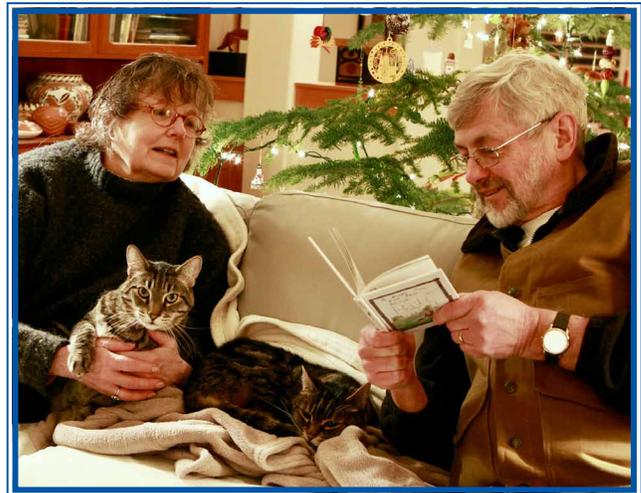


Keith and Merry

What is now a common practice in shelters was a new concept back then. “We were directed to the most fearful, formerly abused dogs, and we sat with the doors to the kennel open, and just read out loud,” Catherine says. The result? “It was mutually rewarding,” she tells me. “The dogs learned to trust us, and, over time, made their way from the back of the kennel to the front, and then to our laps. It was a wonderful experience. I mean, who doesn’t love a wagging tail?” she laughs.

When Keith and Catherine moved to Sequim, they decided to take this practice to Safe Haven. “We felt we were strong after having all this experience,” she says, “and would resist the urge to take one or two kitties home.”

It didn’t work, of course. After spending time with Junior and Gravy, Catherine told Keith one day, “It would be nice if they didn’t have to spend the rest of their lives in one room.” The bonded pair of kitties were older and had been at the shelter for a year. Soon after Catherine’s suggestion, they found their forever home. “They were so easy to be with,” Catherine says. “They really made the decision easy.”



Catherine, Junior, Gravy, and Keith

The couple had heard that Junior and Gravy had spent most of their lives in small spaces, and knew that they’d had an unsuccessful adoption into a home with very high ceilings; when they could not adapt to the environment, they were brought back to us to wait for another chance. So Catherine and Keith gave the pair their master bathroom when they first arrived home, and the kitties enjoyed their surroundings for three weeks, after which they came out to claim the rest of the home as their own.

Even though they have their own two kitties at home now, the kitties at Safe Haven still get to enjoy the attention and soothing voices whenever Catherine and Keith visit . . . although Keith gets sidetracked in the kitten room during kitten season – “Kittens just aren’t very good listeners,” Catherine laughs.

As she talks, Junior adds his two cents by purring loudly by her side. “Ah,” she says, “Junior says it’s time to finish reading the paper.” ❀

Safe Haven **ADOPTABLES!**

BLACK IS BEAUTIFUL

There is lots to love about black kitties. They are celebrated across the globe—special holidays have been designed in their honor: August 17 (Black Cat Appreciation Day) and October 27 (National Black Cat Day in England). In Japan, single women who own black cats are believed to attract more suitors. In the English Midlands of Great Britain, a black cat is the ideal wedding gift, bringing good luck and happiness to the bride. If you are in Germany, it's considered good luck if a black cat crosses your path from right to left. And historically, sailors considered that black cats would bring good luck and ensure safe passage home.



MAX

MAX is a wonderful, all-black senior kitty who looks and acts like a young adult. He came to us with IBD, which is now under control with a change in diet and some exercise. He is very affectionate, loves to give head butts and purrs and kneads his paws when he is getting his much-desired attention.

NYLA and **PHOENIX** are best buddies. They are both still a little shy, but really love being brushed and given attention, and are gradually becoming more relaxed and comfortable with new people.



NYLA



PHOENIX



SOLO

SOLO is a very handsome four month-old black kitten with deep gold eyes. He loves to play with anything that moves, especially his favorite - the feather toy!

COMET is a cute black kitten with light gold eyes. **DONNER** is a handsome black kitten with huge gold eyes. Comet is a little more shy than his brother, Donner, but the two of them love to play and snuggle together. Comet and Donner are never far apart in the kitten room.



COMET & DONNER

Please call PFOA at **360-452-0414** and press "2" to inquire about any of these featured pets. Leave a message if you get voice mail; a staff member will return your call. Or go online to see many others at <http://safehavenpfoa.org>

Vet-Smartz



By Virginia M. Johnson DVM
Diplomate, American Board
of Veterinary Practitioners

A CAT'S DIETARY NEED FOR PROTEIN DIFFERS GREATLY FROM A DOG'S

When we talk about diets in our animal friends, there is an important distinction to be made between cats and dogs. Dogs, like humans, are omnivores. This means that these species eat animal flesh and plants. Dogs have few limitations on what they eat. They can eat both vegetables and meat. There are a few foods that I recommend *not* be fed to dogs — garlic, tomatoes or onions. A little might be OK, but not in large quantities. Dry food or canned foods are okay. Look at the ingredients and feed the best quality food you can find to give your dog the best ingredients for good health.

The rest of this article is devoted to our cat friends because they have some distinctive differences in their system. Cats are obligate carnivores which means that in the natural world, cat species eat large amounts of animal flesh and therefore, large amounts of protein. In the natural world, cat species are hunters and may eat up to 70 to 80 percent protein in their diet.

Cats are especially adapted to process this much protein. Their livers are very different from other species. They are missing a number of enzymes and do not metabolize foods and some drugs like other species do. Cats are uniquely adapted to their high-protein diet and they maintain glucose levels from amino acids found in protein rather than from carbohydrates in the diet. Because of this, cats in the wild do not need nor are they adapted to eat a high-carbohydrate diet.

In our domestic cats, many people feed dry food. We do this for convenience in feeding, to clean their teeth, and because canned cat food is expensive. Dry foods are not all that good in keeping our cats' teeth clean. Dry foods are almost always much higher in carbohydrates than the natural diet found in the wild. When we feed our cats dry food, we are altering their metabolism and giving them a food that is not the high-protein diet found in wild cats.

There are a number of research projects done in the last few years that link high-carbohydrate diets in

cats to an increase in obesity and diabetes mellitus. One diet recommended for treatment of diabetes in cats for many years has been a high-fiber diet. Now more recent studies are showing that diabetic cats may do better on a high-protein, low-carbohydrate diet, similar to their

diet in the wild, such as mice. There are a number of commercial diets that fit this description and there are prescription diets formulated to meet these specifications. In my opinion the best prescription diet for diabetic cats is Purina's DM/Dietetic Management.

Another formulation that is high-protein and low-carbohydrate is found in most kitten canned foods.

Does this mean that our cats should all be eating high-protein canned cat food? It is a more natural way for cats to eat, but this may not fit into a person's budget for their cats. What it does mean is that we should all look at the ingredients and analysis of what we feed our cats. Look at the carbohydrate

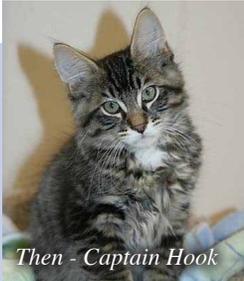
content. If it is 30 to 40 percent, your cat is more at risk for obesity and diabetes. If your cat is healthy but obese, try to get his weight down to the normal range. Look for dry and canned food with a lower carbohydrate and fat level. Play with your cat to increase the amount of exercise he or she gets. Ask your veterinarian for recommendations that fit your cat's age and health status.

There are occasions when a high-protein diet may not be the best for some cats. Cats with kidney problems may not be able to handle a higher protein diet. Ask your veterinarian if your cat can eat a high-protein diet. Get a blood test to screen for elevations in blood sugar and kidney function.

Research studies are showing that weight loss and diet change can lessen and even end the need for insulin therapy in some cats. Their disease appears to be like adult onset/Type II diabetes in people. If your cat is already diabetic, talk to your veterinarian about whether these changes are right for your pet. ❖



“Dear Peninsula Friends of Animals . . .”



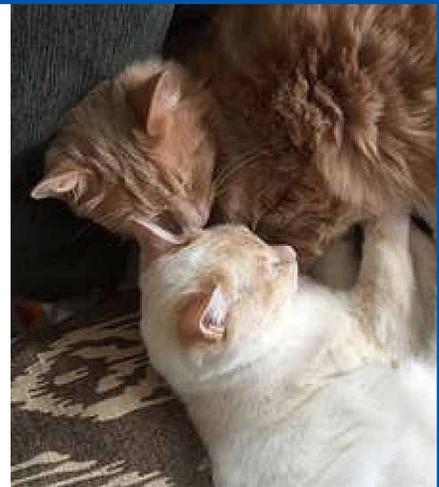
Then - Captain Hook



This is Bibimbap, I adopted him when I was volunteering at your shelter back in Winter of 2015. At the time, he came in with his brothers and sisters when they were all kittens. They were rescued from Forks and he was part of the litter known as the Peter Pan group (since they all had names from characters in Peter Pan), and was formerly named Captain Hook because he had a hooked tail. He’s grown up to be such a cuddly, rambunctious, odd huge guy. I’ll post pictures of what he looks like now in the reply section of my comment. Keep up the good work guys!

- **Taylor Fernow**

I just wanted to send a note saying how much we appreciated your kind help in finding us cats to grace our home again. Its been several months since we adopted Thomas and Marshall and they have settled into our family wonderfully. Marshall is a very active, curious cat. He amazes us daily with his athletic abilities. Thomas was much more shy at first, but has warmed up to us and loves to sit on the counter and watch me put on makeup in the morning! We love our cats very much and are glad that they are a part of our family. They are definitely a bonded pair and still love to snuggle. - **The Moses Family**



Monty sleeping on his mom's foot.

- **Joyce Murphy**



Thanks for taking such good care of Thomas until he could come home to his forever home. He and James were nose-to-nose a half-second before I got this photo.

- **Sarah Miller**

We're beginning to settle in nicely. I've renamed Abigail. She's now Fanny and she doesn't seem to mind. After biting me a couple of times from being stressed and scared, she's settled in nicely. She sits on my lap and sleeps with me! I just love her. Last night she was in my lap all thru Star Wars, so I know she's really acclimating.

Take care, and Merry Christmas!

- **Jan Robison**





“Dear Peninsula Friends of Animals . . .”



Chuck took about 2 minutes to settle in. I'm sure you're surprised. He is just a big love bug and wants to be on someone at all times. He shows no signs of distress, and he's eating and using his litter box just fine.

- **Kimberly Short**



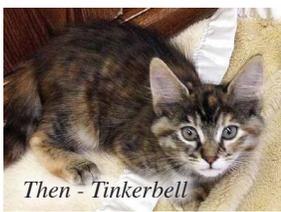
Want more STORIES?
Read more on our Facebook page at: www.facebook.com/pfoasafehaven

As we celebrate the holidays and ring in the new year, we wanted to take

a moment to reach out to PFOA about Poppy and Basil (renamed Apollo and Artemis after much deliberation) whom we adopted a couple of months ago. The two were instantly true members of our family, and became fast rulers over their new domain. We couldn't be more overjoyed by the love and light they bring into our lives! They are (deservingly) spoiled and wasted no time opening their Christmas gifts (filled with new toys and treats), enjoy lazing each day in the sun atop their cat tree, and have each staked their claim for all of the available foot space on the bed. I am a proud cat momma!

We hope our friends at PFOA are enjoying a wonderful holiday season, and we thank you again for bringing these fur babies into our lives. Happy New Year from our family to yours!

- **Amanda Childs, Coty Hellwig, Apollo and Artemis**



Then - Tinkerbell



Then - Peter Pan

Our fur babies are all grown up. Pete and Sassy are now three years old.

- **The Redford Family**



Then - Hollywood and Chicago



Hollywood and Chicago were kittens at Safe Haven in the summer of 2016. These girls were part of a litter that was referred to as the city kitties, since all their names were also prominent cities, now they are Bella and Rosie. Their caregiver recently sent us the picture of them sitting on the counter. My, what beautiful girls they have grown up to be!

Look who's been adopted!

---Continued from Page 1

See some adoptable pets on Page 6 and online at <http://safehavenpfoa.org>



Cindy



Lexi



Wren



Pumpkin



Cleo



Poppy



Clarise



Blue



Dasher



RC



Ellie



Moody



Ginger



Stripes



Avis



Yarrow



Basil



Clark



Blitzen



Piper



Dahlia



Raven



Monty



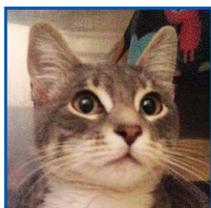
Oliver



Clara



Prancer



Snuggles



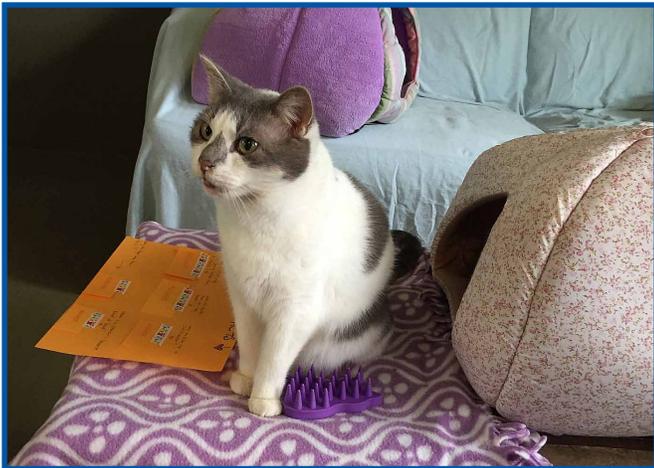
Finn



Luna



Sir Chuck



Happiness

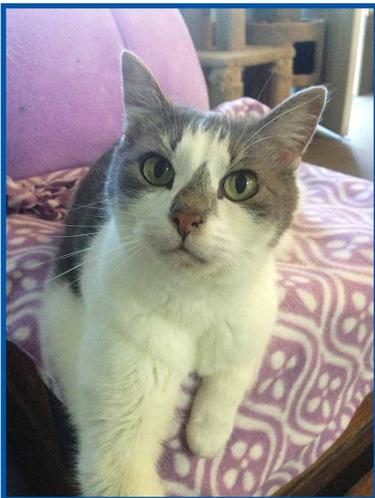
By Paisley

I've always been a happy kitty. I don't remember too much about my early life because, after all, that was a long time ago in cat lives.

When I was 5 or 6 (in people years), some people saw me wandering around an apartment building (I later found out that's a large building with lots of little houses inside). They called a nice lady – her name is Pam and she helps find homes for homeless kitties (like me). She came and picked me up, and I went for a car ride and ended up at a place called Safe Haven.

Everyone was really nice to me there. At first, they put me in a large cage with food and a litter box. After a couple of weeks, I got to go downstairs to a really big room with several other kitties. The room even had a kitty size door leading to an enclosed outside yard where we could safely play and lounge in the sun.

Of course, I've been happy wherever I lived. People have been nice to me – they tell me that I am very pretty and sweet. And I got lots of visitors. My very favorite thing is to get people to sit down so that I can crawl up their shoulder and snuggle around their neck. Sometimes I would just sit in their lap, make “biscuits” with my paws, and purr loudly. I really like all that attention, and the people seem to like me too.



I met a lot of people at Safe Haven who were looking to adopt a kitty, and soon after I arrived, I was adopted and brought to my new home. I liked everything about my home and family except for The Dog – we didn't get along too well. Also, I wasn't feeling too good, and occasionally didn't quite make it to the litter box. Finally, my “mom” had to bring me back because she couldn't care for me anymore. The folks at PFOA heard from her – she said she misses me and she hopes I am doing well.

The problem was, I wasn't doing very well. The doctor said I had diabetes and a urinary tract infection (those are really big words for a little kitty like me!) In two months I had lost a whole pound! I was given a medicine called insulin, and put on a special diet. After several more months, I was feeling more like my normal self.

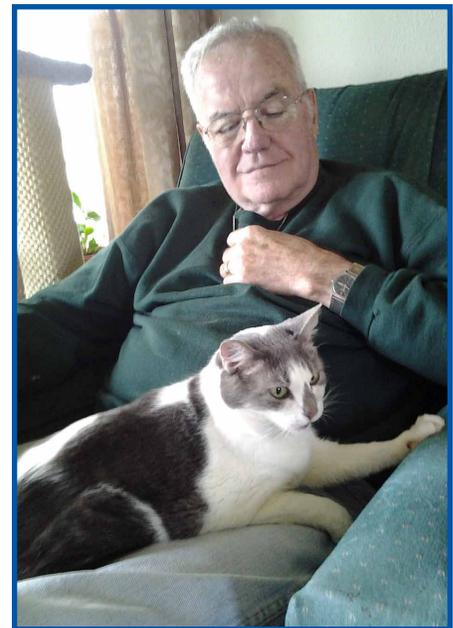
I'm an outgoing and affectionate kitty, and in January a really nice family came to visit me, and they took me home. I think this is going to be my forever home, and I'm really happy about that!

My “mom” also has diabetes, so she knows exactly how to take care of me.

Mom and Dad travel a little, and I had a “cat sitter” for the first trips. But I got really sick again, and now Mom and Dad take me with them. I have a leash and my very own cat “condo”, and I love riding in the car, especially now that I know we are not going back to the doctor! I love being at the family gatherings. When I'm tired I curl up in a comfy chair and take a nap. I have dog cousins, but we get along OK and I'm not afraid of them. Best of all, I get to sleep with Mom and Dad, just like at home! I purr really loud!

My new parents really love me! One day I saw Mom writing a letter on the computer, and I couldn't help myself – I peeked! It was to the nice people at Safe Haven. It said: “We feel that we are extremely lucky to have Paisley and tell her so every day. I'm glad we took a chance and, by being sensitive to her needs, we've been rewarded with a loving, sweet companion.”

I am a happy kitty! ♣



Memorials and Honorariums

Memorials given in honor of a deceased pet, in memory of a friend or family member, or Honorariums to thank special friends are a lovely way to say "Thank you" or "I love you" or "I miss you." A public statement of remembrance can help bring closure or soften grief, as well as honor a loved one.

Please note that there could be up to a four-month lag between the cutoff date for receiving memorials and honorariums and the date that *Pet Tidings* is published and delivered to your home. All remembrances not received by the cutoff date will be printed in the following issue.

Honorariums (Person)

- In honor of **Jeanne Iversen**. From **Mike & Pam Dick**
- In honor of **Mary Charlton**. From **Joan Marsh**
- From my son **Ephrym**, who came to visit last year and had such a wonderful time meeting your babies. From **Liza Morrison**
- In honor of **Victoria Shepard**. From **Lois Sorg**
- In honor of **Nancy Campbell**. From **Suzi Pollock & Phil**
- In honor of **Ann Gilson**. From **Karen Klein** at Twice Loved Books
- In honor of **Kathy & Roger Larson**. From **Gus Spraker**
- In honor of **Terry Vogel**. From **Anne Hines**
- In honor of **Doris Cosman**. From **Scott Cosman**
- In honor of **Carol Teorey**. From **Matthew Teorey**
- In honor of **Diane Stenzel & Ms Shady**. From **Paulette Willson**
- Merry Christmas from our niece **Amy Simons**, who has chosen this as her Christmas charity of choice. From **Maureen MacDonald**
- In honor of **Tracy & Brian Bettinardi**. From **Pete & Diana Gerhardt**
- In honor of **Nancy Ortowski**. From **Gary Marlatt**
- In honor of my friend, **Ann Gilson**. From **Sharon Jensen**
- In honor of **Stephanie Najera**, cat intuitive extraordinaire. Forever in your debt for your work with my cat, Boo. From **Marilyn Ash**

Honorarium (Pet)

- In honor of **Turtle Malays**, world's best cat. From **Dawna Zullo**
- In honor of our cats, **Emma & Cora**. From **Christie & Michael Cram**
- In honor of **Fancy Tail Summer**. From **Michael Snyder**
- In honor of our cat **Molly Marie Sparling**. From **Bill & Almie Sparling**
- In honor of **Stevie**. From **Judy Kenyon**
- In honor of my cats, **Bunny & Clyde**. From **Jim Toepfer**
- In honor of my pet. From **Jannine Norvell**
- In honor of my cat. From **Colleen Rowe**
- In honor of **Blueberry**. From **Ken Gray**
- In honor of **Susie Jensen**, with love from Mom & Dad. From **Sharon & Bill Jensen**

In Memory of Special People

- In memory of **Janet Harker** – words are not enough. From **Wendy Taibbi**
- In memory of my good friend **Barbara Carl**. She was a lover of all animals, especially her two cats, Thumper and Shiloh. From **Marjorie Sands**
- In memory of **Sue Renshaw**. From **Dorothy Plenert**

- In memory of **Bonnie McAdoo**. From **Richard Lieb**
- In memory of **Janet Harker**. From **Clare & Don Hatler**
- In memory of **Barb Carl**. From **Jack & Nancy Stevens**
- In memory of **Tom Sharpe**. From **Judie Sharpe**
- In memory of **Vera Clubb**. Vera was a member of Peninsula Friends of Animals and greatly valued its work. On behalf of her family, **Jerome Clubb**
- In memory of Grandma **Jean Bailey**. From **Michelle Trentman**
- In memory of **Meara**, a child. From **Dan & Debbie Wilson**
- In memory of **Janet Harker**. From **Debbie Marshall**
- In loving memory of **Peggy M Anderson**, a loving supporter of PFOA. From **Diane & Leon Lopez**
- In memory of my special uncle, **Charles Lyon Gagnon**. From **Mary Ellen Zalewski**
- In memory of my **Beloved Mom**. From **Christine Spitz**
- In memory of **Ivo P Gates**, a long-time cat lover. From **Karen Steinke**
- In memory of **Ashlea Alizabeth Erwick**. From **Fem Fatale**
- In memory of my wife **JoAnn Bergmans**. From **Roger Bergmans**
- In memory of **John Griffin Montgomery**. From **Sherri Ghazarian**
- In memory of **Barbara & Frank Fanger**. Barbara (nee Hunt) was a long-time Port Angeles resident before moving to Edmonds. From **Karen, Kristen & Jena Scott**
- In memory of **Ragnar**. From **Carolyn Temte**
- In memory of **Donna Chetlain**. From **Gloria Bornstein-Harper**
- In memory of **Richard Pinder**. From **Jill Pinder**
- In memory of **Freda Lorain & Pixie**. From **Dallas Lorain**
- In memory of **Kathy Cunningham**. From **Ken Cunningham**
- In memory of **Bob Wiley and Lizzy**. From **Catherine White**
- In memory of **David Holtz**. From **Irene Wyman**
- In memory of **Bill Money**. From **Gwen Porterfield**
- In memory of **Charles Spoerri**. From **Bobbi Spoerri**
- In memory of my parents, **Bev & Sidney Hill**. From **Leslie Lardie**

In Memory of Beloved Companion Animals

- In memory of all our sweet cats. From **Don & Murph Gerber**
- In memory of **McGee**. From **Irene Wyman**
- In memory of my cats. From **John Renken**
- In memory of my cat. From **Robbie Varney**
- In memory of **Buddy**, a wonderful companion to my cousin Susan Sanford. From **Sarah Myers**
- Honoring **Simba's** memory. From **Loretta Flanders & Dick Hahn**
- In memory of **KC & Tippy**. From **Carol Hunter**
- In memory of Frank Torres's & Dori Leckner's dog, **Svenja**. From **Rex & Elizabeth Olsen**
- In memory of my cat **Baby Cakes**. From **Dana Avila**
- In memory of Margaret Fivash's sweet **Lily**. With heartfelt affection, **Tammy White**
- In memory of Kim Treece & Nicki Sexton's **Zoe**. With heartfelt affection, **Tammy White**
- In memory of Jim Killian's **Bertram**. With heartfelt affection, **Tammy White**
- In memory of Maxine & Mike Boucher's **Maggie**. With heartfelt affection, **Tammy White**
- In memory of Sue Bauer's **Riley**. With heartfelt affection, **Tammy White**

- In memory of Elaine Nelson's **Molly**. With heartfelt affection, **Tammy White**
- In memory of Barb & Ed Gruner's **Lucy**. With heartfelt affection, **Tammy White**
- In memory of Jan & Gary Chapman's **Harley**. With heartfelt affection, **Tammy White**
- In memory of Thelma Sullock's **Archie**. With heartfelt affection, **Tammy White**
- In memory of Stanley the **Basset**. From **Janet Norman**
- In memory of **Tony**, the PFOA office cat. God bless you, from **Cheri Ingersoll**
- In memory of **Josie**, my English springer. From **Michael East**
- In memory of **Samantha**. From **Bob Madsen**
- In memory of my cat, **Penelope**. From **Avonlea**
- In memory of Susie Stoller's Australian terrier **Rosie**. From **Jeannine Harrington**
- In memory of Pat & Steve Resende's furry feline companion **Legolas**, who showed up on their doorstep years ago. He is sorely missed. From **Diane & Leon Lopez**
- In memory of Greg & Josie Carroll's dog, **Lollipop**. From **Nancy Anderson**
- In memory of **Black Bart**. He chose us and gave us so much love. He will be forever missed. From **Jim & Judy Keithley**
- In memory of **Mr. Fluffy**. From **Roberta Hairfield**
- In memory of **Zak** the cat. From Chris Barclay
- In memory of John & Marianne Konrath's dog **Sparky** and Jessie Mills' dog **Amber**. From **Doris & Jack Vogt**
- In memory of my cat. From **Teri-Ann Adams**
- In memory of **Jet**. From **Paul & Cindy Allsing**
- In memory of **Maisie**, Suzanne Hadley's beloved kitty and **Sonny**, Paula & Jeff's beloved kitty. From **Patricia Milliren**
- In memory of Danette Grady's & Dani McLaughlin's **Mr. Perkins**. From **Connie Rene Smith**
- In memory of my dog **Tootsie**. From **Carol Weicher**
- In memory of **Cleo Cook**. From **Faye Cook**
- In memory of **Sherman**. From **Maggie Philichi**
- In loving memory of dear blind **Polly**, who spent less than a year of her long life with me, but found peace and comfort here until the end. From **Ann Gilson**
- In loving remembrance of my little gallant **Lillibel**, whose loving heart and brave spirit outweighed the limitations of her frail body for 15 happy years. May she run unfettered now, beyond the Rainbow Bridge. From **Ann Gilson**
- In memory of **Polly**, who was with Ann Gilson such a short time but left such a lasting memory. From **Marilyn Ash**
- In memory of **Lillibel**, who lost a leg in an injury but could chase the birds in Ann Gilson's Magic Acre. From **Marilyn Ash**



Barb Watts is responsible for recycling aluminum cans. This year, her efforts brought \$162, which topped the amount from last year's recycling efforts. Our thanks to a very special, amazing lady!



Barb Watts & Danette Grady

In December, the Miata Club donated food, checks and gift certificates to Peninsula Friends Of Animals for the holidays. We drove it out to them in our Meowtas. - Nancy Dolansky, PFOA Board Member.



Nancy Dolansky, Danette Grady, and Ralph Hiller



The memorial wall at Safe Haven. Memorial tiles honoring a beloved pet are available for purchase. They form the frame of the Rainbow Bridge mural. It's a wonderful place to visit and honor the animals who wait for us.

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Liquid dishwasher soap
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Libman wonder mop refills
- **Additional items for the kitties:**
Round replacement scratchers and flat scratchers
Small, medium and large (for multiple cats) top loader carriers
Advantage flea treatment
Feliway refills
K&H self warming pet pads
Snuggle Safe microwaveable heat pads
Kitten-sized smaller cat beds and cat trees
Kitten-appropriate toys and scratchers
World's Best Cat Litter
- **Other shelter needs:**
Bottled water
Gift cards to Safeway, Costco and Wal-Mart for various shelter items
\$10 gift cards from Safeway or QFC for volunteers who transport cats to/from Hadlock Veterinary
Walkie-talkies

AVAILABLE TO PURCHASE:

PFOA potholders are available at the following local businesses:

- **Birds of a Feather**, 825 W. Washington St, Sequim, (360) 477-4343
- **Hair Trix Salon**, 21 Valley Center Place, Carlsborg (Mon-Fri, 9am-12pm) (360) 681-3749
- **Mia Bella**, 130 N 3rd Ave, Sequim (360) 460-0947
- **Old Post Office Sweets & Gifts**, 751 Carlsborg Road, Carlsborg (Tue-Sat, 8am-5pm) (360) 681-8014
- **Safe Haven** (Tue-Sat, 11am-4pm)
- **Wild Birds Unlimited**, 275953 Hwy 101, Gardiner (Mon-Sun 9am-6pm) (360) 797-7100
- **George Washington Inn**, 939 Finn Hall Road, Port Angeles, (360) 452-5207
- **Jardin du Soleil Lavender**, 3932 Sequim Dungeness Way, Sequim (360) 582-1185
- **Country Aire**, 200 W 1st St, Port Angeles, WA 98362, (8am - 8pm daily) (360) 452-7175
- **Petsense**, 2719 E Hwy 101, Port Angeles, WA 98362, (Mon - Sat, 9am - 8pm; Sun 11am - 6pm) (360) 504-2865

You may purchase these wonderful potholders in many colors and patterns. All proceeds benefit the PFOA animals!

Published by
Peninsula Friends of Animals

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http://safehavenPFOA.org

PFOA is a 501(c)(3) nonprofit organization,
Fed ID # 91-2127240

OUR MISSION

To prevent the birth of unwanted cats and dogs through progressive spay/neuter and educational programs; and to place as many homeless, neglected, and abused animals as possible into good, safe, permanent homes.

Find us on Facebook!
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Dates to remember:

■ **The PFOA Board** meets at Safe Haven from 11:30am-2:00pm on the third Wednesday of every month. The public is welcome to attend. Members who are interested are encouraged to come and observe.

■ **Safe Haven shelter** is open Tuesday through Saturday from 11am-4pm, closed Sunday and Monday. Call (360) 452-0414 and press "2" to make an appointment; appointments required.

■ **Catnip & Sip**, Saturday, April 6, 12-3pm

■ **Harbinger Winery**, Saturday, July 13, 6-8pm

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