

Pet Tidings



Volume 11, Issue 1

Published by *PENINSULA FRIENDS OF ANIMALS*, home of Clallam County's only cageless, no-kill pet sanctuary and adoption center, Safe Haven!

Primrose, the "office kitty"

By *Matthew Randazzo*

Volunteers who work in animal rescue are often asked how they cope with the misfortune they sometimes encounter while helping homeless pets. The answer to this question is simple: however much the conduct of some people drags you down, the dignity and beauty of the animals always lift you right back up. Most longtime volunteers cannot imagine living without the inspiration they receive from the wonderful animals they help.

At PFOA's Safe Haven, there is a special cat who has recently become a constant source of love, amusement, and motivation for our volunteers. Like a number of our most beloved residents, she is a hard-luck case who refuses to let her condition taint her unalloyed love of life.

Whenever a PFOA volunteer is having a bad day, Primrose's indomitable spirit serves as a reminder that we have no excuse to do anything but enjoy life and be thankful.



Primrose

We have longtime Forks animal rescuer Pam Winney to thank for our newest "office kitty."

Continued on Page 3

Peninsula Friends of Animals has always been and continues to be an independent group.

OUR MISSION

To prevent the birth of unwanted cats and dogs through progressive spay/neuter and educational programs; and to place as many homeless, neglected, and abused animals as possible into good, safe, permanent homes.



Leda

ADOPTED!
SEE PAGE 10
FOR MORE



Billie Bailey



Emilee



Schatzi



Cartman

SEE SOME
PETS UP FOR
ADOPTION
ON PAGE 6



Randy

"Lion Dog" lands a home



See Page 4

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Pet Tidings

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From the Editor's Desk

We're going to talk about death. A subject no one wants to talk about — yet everyone faces sooner or later.

So . . . Have you considered what will happen to your animals when you die? If not, you need to have the "Death Discussion" with your kids and grandkids or with the friends you're expecting to take care of Rover when you pass.

You may think, "Oh, my family loves Fluffy!" But taking Fluffy into their home may be far different and much more difficult than merely petting and cuddling her in yours. When you write (or re-write) your will, leave money as well as Fido to the new care provider. The cost of caring for an animal, whether by an individual or an animal rescue organization such as PFOA, isn't cheap.

Many, if not most, cats and dogs can expect some medical problems during their lifetime. Surgery can run \$3,000, \$4,000 or much more. There can also be the cost of dental work and cleaning. Flea treatment and vaccinations may be necessary. Have you thought about the cost of pet grooming, nail clipping, pet sitting or boarding, food, litter, toys, etc., etc.? Leaving \$20,000 or \$30,000 per pet in your will isn't unreasonable. You don't want lack of money to influence decisions made about your pets, and you want

them to live happy and pain-free well into their Golden Years.

As you're having the "Death Discussion," think about your legacy. Many who read this newsletter are staunch supporters of PFOA, contributing money and/or volunteer hours. With planning, your contribution to the care and welfare of animals can continue long after your death. A bequest to PFOA or other animal rescue organizations can easily be incorporated into your will. PFOA has had several generous bequests and these individuals have continued to have a positive impact on companion animals long after they're gone.

Also, as you discuss your wishes with family and friends, don't forget to mention where you'd like memorials to be given. Whether it's Hospice, PFOA or another organization, family and friends will want to honor you by giving to a charitable organization close to your heart.

There, that wasn't so bad, was it? We talked about death, and no one died! Now, go out there and make your wishes known. Don't leave your legacy or the fate of your beloved animals to chance. Write a will, make a bequest, and plan for your passing with the same care you live your life.

The Editors

Annual membership meeting May 25

The main business at the upcoming annual meeting will be to vote on members of the board, as the terms of five of them will be expiring. There has been one resignation and one appointment to the board since the last annual meeting. The board is hopeful that other PFOA volunteers and members will consider applying to be on the board as we would like to expand the number of board members from nine to ten. A short biography of board members to be confirmed or elected will be supplied at the meeting.

As you may recall, at last year's meeting a change to the by-laws was approved to eliminate board nominations from the floor. Now anyone interested in becoming

a board member is asked to complete the board application form by April 15. Anyone who has questions about the duties of board members or who would like to get a copy of the application, please contact Diane Lopez by e-mail at pfoa@olympen.com or by leaving a message for her at **360-452-0414**.

The Annual Meeting will be held at Lazy Acres Clubhouse, 111 Dryke Road, beginning at 5 p.m. on **Wednesday, May 25, 2011**. Please bring a snack — sweet or savory — to be shared during the social hour. The reports, plans and elections will begin at 6 p.m. Please carpool if possible as parking is limited at the clubhouse. Overflow parking is available at Robin Hill Park across Dryke Road. ♣

Primrose: Enjoying life despite allergies

---Continued from Page 1

Pam saved Primrose ("Rosie" for short) when her owner moved away and callously left two pets in her empty apartment with a bag of food and a bowl of water. Pam brought Rosie and her sister, Pansy, to us soon afterwards.

Though Pansy was quite a lovable cat herself, Rosie was a star from the moment she set paw on our premises. A longhaired tortoiseshell with warm golden eyes and a pure white upper chest, Rosie showcased her good looks with the prima donna attitude we at PFOA have come to expect from tortoiseshells. The strut in Rosie's step means that she is just an outgoing little girl who is not shy about informing you that she deserves your affection.

Rosie was very sick when we first met her. Her body was blanketed with itchy, painful bumps and rashes. Suspecting a flea allergy, we had her treated, which seemed to do a world of good for her skin. However, Rosie, like a lot of cats and dogs, unknowingly exacerbated her condition through the constant application of licks and bites to the areas of irritation. In response, steroids were prescribed and they helped in treating the symptoms.

We then arranged for Rosie to undergo an extensive battery of allergy tests. The results were surprising —

she was highly allergic to seemingly everything! Allergies to thistle, grass, and trees that surrounded Safe Haven's property made the outdoor patios and enclosures dangerous to Rosie's health, and assorted food allergies threatened her health even when inside.

Her allergies made living in the cat rooms downstairs impossible for her. So we invested in a series of allergy shots for Rosie and prepared a safe living environment for her on our upstairs floor, already shared by two other high-maintenance cats: Tippy, who suffers from a debilitating developmental disorder, and Mostus, another sweet kitty with severe allergies.

Like a typical cat, it took a week or two for Rosie to be comfortable in her new surroundings but she has now made herself right at home. She has crowned herself the new queen of the upstairs floor, and she basks in the affection of our volunteers as she luxuriates on their desks and laps. PFOA business manager Sherry Creech is especially smitten with Rosie who can often be seen paying homage to her at the nearby desk of PFOA founding member, Janet Harker — which Rosie has requisitioned to be her special spot.

Rosie is feeling better every day, and her joy in living inspires every volunteer who comes into contact with



Primrose with Sherry Creech.

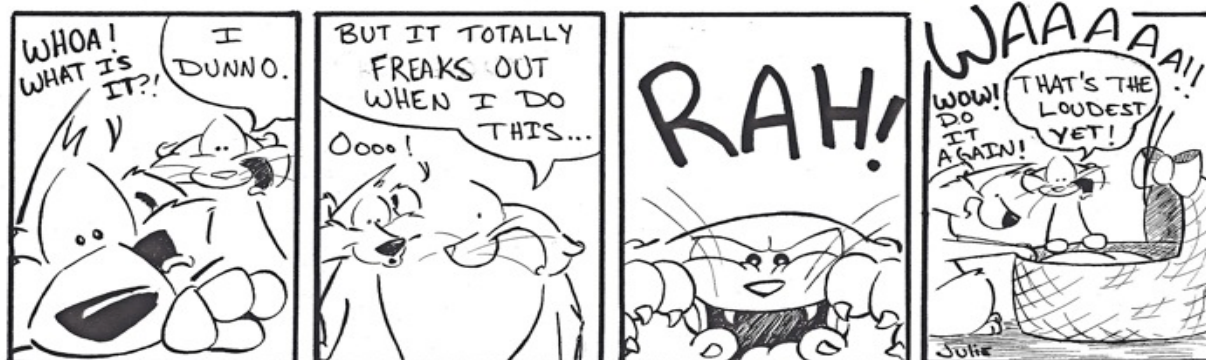
her. This story has a comprehensively happy ending: Rosie's sister from Forks, Pansy, has been adopted by a family that adores and spoils her. Watching Rosie and Pansy's journey from neglected, forgotten orphans to cherished family members is exactly the type of uplifting experience that attracts PFOA volunteers to animal rescue in the first place. ♣

Matthew Randazzo is a Port Angeles author, journalist, and animal lover. In addition to being a PFOA volunteer, he serves as the Public Relations Director for the Northwest Raptor & Wildlife Center in Sequim. (MRVBooks.com and Facebook.com/MRVBooks)

Perks and Parker

by Julie Coyle

www.monsterdogcomics.com



Meet a volunteer: Kevin Rose

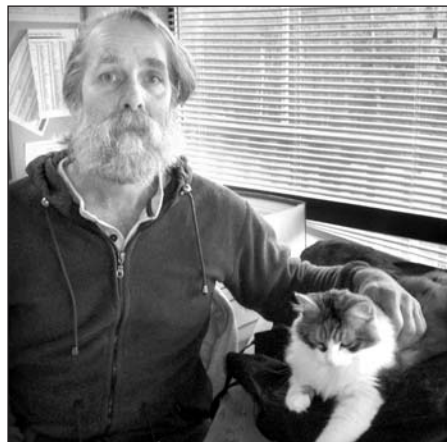
By Franny Koski

Former logger, Olympic National Park trail crew member, and daring rock climber Kevin Rose loves an adrenaline rush.

"But volunteering at Safe Haven feeds another part of me," he says — his nurturing side, that is.

"I've always been a cat person," Kevin says. After his wife died in February 2009, Kevin sought a regular volunteer involvement to help him cope and give to the community at the same time. Dr. Sandra Smith of Northwest Wilderness Veterinary Services suggested PFOA, and Kevin has been a reliable volunteer ever since, driving 35 minutes to Safe Haven from his upper Elwha area home. He started as an "opener" and now closes Safe Haven Friday afternoons. It takes him three to four hours to do everything.

"I feed everybody," Kevin explains, referring to the cats, "and I give any medications needed. I clean up any messes, change litter boxes, and fill water dishes. And I socialize with



Kevin Rose at Safe Haven with Rosie.

the cats. I really like cats, and I like bringing love to a bunch of cats who haven't gotten much of it."

The cats recognize Kevin and they know good things are associated with him. One of Kevin's memorable accomplishments was making a very shy Safe Haven resident more adoptable.

"I socialized consistently with its roommate," he says.

"The stand-offish cat copied the

other, slowly came to interact with me, and got more affectionate, playful, and adoptable."

And got adopted.

At home, Kevin has two lucky cats of his own. Baker, adopted from PFOA, is a "big, floppy, gray and white guy who's easy-going and loves everybody."

Brown tabby Sophie, also a rescue, is, he says, "an independent spirit, really bonded to me — she smacks my girlfriend!"

Kevin has trained Sophie to comfortably accept a harness and leash. Sophie often accompanies Kevin in the car, sitting on his shoulder.

"If there's a deer, she leaves my shoulder and stands up on the passenger seat like a dog to look out the window."

Kevin says he considers himself lucky to be involved with PFOA and the cats at Safe Haven. When thanked for his work on behalf of homeless cats, he responds simply and sincerely: "It's my pleasure." ❖

Jett Lee, the 'Lion Dog,' living up to his name

By Julie Coyle

Upon hearing a name like "Jett Lee," many of us think of a master martial artist, not a small, unassuming black dog with big, round eyes and a mop of silky fur atop his head. But one little Shih Tzu proves this name suits him quite nicely, as the Estes family found out when they welcomed this pup into their home in September 2009.

"We'd thought about changing it," says John Estes of the name, "but it seemed to fit his personality."

Indeed, Jett Lee's proud prance and happy dances (complete with high-flying tail wags) are a spirited reminder of the noble breed he hails from. Shih Tzu literally translates into "Lion Dog."

"This house would be so dull, so quiet without him," says Sue Estes of the bundle of black fur asleep on her husband's lap.

Jett Lee came to Peninsula Friends of Animals in June of 2009. Only a year old, he had already been through one home. When the Estes family went seeking a new addition to their family, their veterinarian directed them to Nancy Campbell, PFOA's operations manager. Because John and Sue had adopted dogs through other



John Estes at home with Jett Lee, a little dog he and his wife, Sue, adopted from PFOA.

Turn to "Small dog" on Page 5

Mews from the board

By Diane Lopez

Ten years ago a group of compassionate folks, discouraged by the mistreatment and suffering of animals in our community, came together in an effort to do something about it. They fostered cats and kittens in their homes and supported the spaying and neutering of as many animals as they could. They made some serious inroads working towards the solution of the problems they saw, and out of their initial efforts came Peninsula Friends of Animals.

As is often the case, some of these volunteers went in different directions to work in other areas or to tackle animal rescue problems in their own way. Several stayed the course and are still dedicated to PFOA. One of the original founding members worked diligently and tirelessly to lead and build our group into a viable organization, sharing her business skills, opening her home to foster dozens of cats and kittens, and guiding us through financial growth and decision making as our treasurer and board member.

At the December meeting, Janet



Janet Harker

Harker, after 11 active years, submitted her resignation from the Board of Directors because of health and family reasons. Basically, I think we wore her out. She agreed to serve as board member emeritus and promises not to wander too far from the phone so that she can be available as much as

possible. It was an emotional meeting.

It has often been said that Janet “walks her talk” in the world of rescue. She would never turn away a cat or kitten, often taking it home to be nurtured back to life. Cost came second to doing what was right to save an animal. Janet makes no exception when she says every animal deserves the best that life can provide, right up to the end — and she often provided hospice care in her home, giving the older or ill animals the in-home love she believes they all deserve. She is a champion of the “no-kill” movement, a visionary, and a relentless believer in our work.

All of us at Peninsula Friends of Animals — cats, kittens, dogs, puppies, volunteers, financial supporters and every one associated with PFOA in any way because of a belief in our Mission and efforts — owe Janet Harker a huge debt of gratitude. Without her hard work, dedication and contributions, we would not have accomplished all that we have in such a short time.

Janet, we will miss you — but don’t for a minute think you are off the Rescue Hook! ♣



Small dog with a mighty personality

---Continued from Page 4

rescue groups such as Welfare for Animals Guild (WAG) and Rescue Every Dog (RED), and with a long history of working with animal shelters in Texas, it made sense for them to turn to Peninsula Friends of Animals.

Jett Lee was intended to be Sue’s dog, a replacement for her sweet “Molly” whom she’d lost to old age. But Jett Lee had other plans. Upon arriving at their home he began to bond with John. Soon the two were inseparable. Despite the slight favoritism, Jett Lee has since warmed up to Sue, and on most mornings is found curled up next to her in bed.

Jett Lee did come with a few quirks. A shoe fetish keeps the Estes on their toes as he enjoys greeting them at the door by attacking their shoes. Just pray you’re not wearing sandals! He also has “a touch of lick-itis,” as Sue puts it, and

enjoys licking everything from the chair to the floor. She recalls waking one morning to find Jett Lee standing on her chest licking her face — an effective, though slobbery, alarm clock.

The most defining feature of this little dog is his enthusiasm. Whether it’s hanging back on his walks with John and the other dogs just so he can make a mad dash to catch up, or voicing his disapproval over not getting treats fast enough, Jett Lee brings a lively spin to everything he does. “He’s very vocal,” tells Sue, “Especially if he wants something.”

With such a mighty personality packed into such a small dog, it is no wonder Jett Lee lives up to his name and, in doing so, has won over the hearts of his new family (including the three other dogs and two cats who also share this home) by simply being himself. ♣

Safe Haven **ADOPTABLES!**

LAP-WARMING, *long-haired beauties*

WAITING FOR FOREVER HOMES . . .



Tootsie

TOOTSIE is a 1-year-old Cocker/Springer Spaniel mix who loves to run. She's a sweet, loving little dog who should weigh no more than 25 pounds at maturity. She'll require a home with a large, fenced yard and an owner who can spend time training her.

SASHA is a fluffy, long-haired gray tabby cat who gave us some of the prettiest kittens we saw all summer. They've all been adopted, and now it's Sasha's turn. There should be no dogs in Sasha's new home.



Sasha



Gillespie

GILLESPIE is a beautiful, fluffy, black and white charmer. He loves attention and is the first cat to jump in your lap for a good snuggle. Gillespie wants to be the center of your world, so while he gets along with other cats, he would also be fine as an only cat.

KATY MAE is a year-old, black, tan, and white Ragdoll mix. She's a cuddlebug who came to Safe Haven as a stray. She needs an indoor-only home and someone to brush her gorgeous fur.



Katy Mae



Belinda

BELINDA is Gillespie's sister and is friendly and quietly affectionate. She is absolutely gorgeous with her vivid orange, black and white coloring, and is as sweet as she is pretty! Belinda would love a quiet family and would thrive as an "only child"!

PENELOPE is a PFOA cat who was adopted out 6 years ago and returned to us when her family decided to travel and couldn't take her with them. Friendly and affectionate in her quiet home, she has become shy and withdrawn in the shelter environment. We are hoping for a calm and patient new family to help this pretty dilute Calico with a short tail regain her self esteem. You will be rewarded with a gentle friend for life!



Penelope



Frosty

***FROSTY and SNOWMAN** are two special pups who are looking for a very special home together. They love to sit in laps and play with toys. Two snuggle "bunnies" wrapped in puppy love! More details can be found on Page 13.*



Snowman

Please call PFOA's message line at **360-452-0414** to talk about any of these featured pets; a volunteer will return your call. Or go online to see many others at www.safehavenPFOA.org

Ask PFOA: What springtime parasites should I be watching for?

By Julie Coyle

Spring has sprung and so have those burdensome bugs, turning romps at the park into rounds of de-ticking and flea baths. Despite the warm weather increase, many of these parasites are a year-round threat, but with a little planning you can put your pest worries to rest.

The Dermatitis Delinquents

At the top of America's Most Common Ectoparasite list are fleas and ticks. These guys love warm, dark moist environments which make the folds of your pet's skin irresistible. The ears, under the arms, and around the groin area are especially appealing. Once there they proceed to bite, burrow, and burden your pet's immune system leading to such problems as Flea Allergy Dermatitis — a scabby rash caused by an inflammatory response to flea bites — and, in severe cases, anemia from blood loss.

Though small in size (the average flea measures in at 2mm in length), flea and tick bites pack a potential dose of nasty possibilities. Because both of these parasites will feed on just about any warm-blooded animal (including humans) they excel at transmitting diseases and other parasites. Fleas can pass on tapeworm larvae in their saliva, and ticks present the danger of Lyme Disease, Rocky Mountain Spotted Fever and Tick fever.

The Worrisome Worms

In the world of worms the formidable four are the tapeworm, roundworm, hook worm and whipworm. Most often they are contracted through contact with contaminated feces, dirt and water, making cleaning up after your pet a good way to limit infections!

The difficulty with intestinal parasites is detection. Many animals show few preliminary symptoms. This doesn't mean these pests aren't causing problems. All worms steal vital nutrients from your pet resulting in stomach problems, weight loss and malnourishment. Your best diagnostic tool is your pet's poop. An inspection may turn up the tale-tell rice-like segments of tapeworms or completely intact larvae.

While most worms are easily treated, the dreaded heart worm is not. Difficult to diagnose and even more difficult (and dangerous) to eliminate, the best heartworm treatment is prevention. Once thought to be confined to the southern states, heartworm has now become a nationwide problem. Larvae are transmitted through mosquito bites and quickly take up residence in the right side of the heart and the pulmonary arteries eventually causing severe debilitation

and possible death. Luckily, they are completely preventable with medications such as Heartgard and Revolution.

The Mighty Microscopic

Giardia is a nasty little single-celled organism that enjoys hanging out in poor water sources. Once ingested it attaches itself to the walls of the intestines and begins multiplying. Symptoms of Giardia include diarrhea, gas, stomach and abdominal cramps, and nausea. A relative to Giardia is Coccidia and it is extremely common in puppies and kittens less than 6 months old. Dehydration and nutritional loss are the two biggest concerns regarding these parasites.

Taking Action

Dealing with parasites may seem daunting, but by taking preemptive steps you can substantially lower your pet's risk and still enjoy the great outdoors. A year-round parasite treatment is a perfect place to start and should be discussed with your veterinarian, along with keeping vaccinations updated. Conveniently, many flea medications also target worms and your veterinarian can help you to determine which one will be best suited for your pet.

If you do find Fido is playing host to the neighborhood flea circus, wash all bedding, vacuum carpets and treat your house with a pet-friendly insecticide. Fleas and ticks adapt quickly inside a house to everything from the carpet to the crevices in furniture. "Bombing" your house with a fogger or spray can eliminate this problem but take care to pick up pet toys and other objects that your pet may put in his mouth.

Of course, in the end you are your pet's first defense against these parasites. Frequently checking your pet's skin for irritations and ticks after being outside, along with keeping your pet in optimal health will reduce the chances of these pests taking the spring out of you and your pet's springtime fun. ♣

To learn more about parasites and prevention check out the Companion Animal Parasite Council at www.capcvet.org.

Sources: Companion Animal Parasite Council, University Animal Hospital News, "Ticks and Worms and Parvo, Oh My!" February 22, 2010, www.universityvet.com.

Tricks for Ticks: To remove a tick use a pair of tweezers and firmly grasp the tick close to the skin. Pull back gently, making sure the head stays intact. Another lesser known tick removing tactic is to soak a cotton ball in soapy water. Place the cotton ball over the tick for approximately 20 seconds. The tick should release and be caught in the cotton ball.



“Dear Peninsula Friends of Animals . . .”

Dear PFOA, Enclosed is a picture of **Coco**, who we got from Peninsula Friends of Animals. She now has an orange sister, Gigi. They just love each other. Coco is a very special cat to us. We love her! **Julie and James Petropolis** →



Hi, Everyone, I just wanted to update you on the wonderful progress with **Beethovan** and me since my last letter. After talking to Diane Lopez and her recommending “Cat Attract” litter, I could not wait to go to the Co-op to get it. A MIRACLE has happened. After washing both boxes and putting the new litter in, there have been NO accidents outside the box. Needless to say, we are together forever. I love this cat so very much. He is the sweetest, most lovable little boy. We are snug as a bug together. Thank you again for all the wonderful things you do for our animals. Happy Holidays to each of you and may 2011 be the best year ever. Sincerely with love, **Patty Dearing and Beethovan**

Dear PFOA, I started an idea for this donation: “Baking for Charity.” I have several orders of cookies and brownies to fill in exchange for the donations I collected. Win, win! Thank you! Happy Holidays. **Sara Maney**



← **Dear PFOA:** Update on “**Goldie**,” cat of my heart, adopted August of 2007. From the moment he arrived, my boy has ruled our home with a loving but firm paw. He adores his daily lap/brush time as much as he does hunting for moles and birdies or chasing balls down the halls. As you can see here, he’s equally fond of sunbathing, helping with the occasional jigsaw puzzle, and dressing up in his favorite Easter basket — er, I mean bonnet! We have never been anything but thrilled to have found each other. Thanks again! **Patty Mowrey and Clyde Mowrey**

Dear PFOA, Our new kittens are doing very well. **HooHoo** (known as Kodi at PFOA) is now 13 pounds at 7 months! He’s bigger than our 6-year-old cats. As you can imagine, he eats his meal, then tries to “help” the others. We have dubbed **Wanda Fuca** (Koda at PFOA) “fastest paw in the West.” She’s little, but is always first to grab the treat we toss in the air. Thanks for all you do, **Sarah Pexton and Dave Falzetti**

Dear PFOA, Three litters, all different PFOA kitties — Sasha, Mouser, and Spooky (known as Spats, Triscuit, and Louis at PFOA), adopted in 2008, are now adults 3 years old. Here is our donation to be used for whatever you need. **Neal and Kathryn Fridley**

Dear PFOA, **Turtle** (a.k.a. “Maple”) and I both love to zonk out on my old Army poncho liner. She looks rather proprietary for only seven and a half pounds, don’t you think? Turtle thrives and is loved immensely. She insists on cork balls that I must “import” from a pet shop in Sanibel Island, Fla., and plays fetch better than the best of canines. She’s the cuddle queen at bedtime and nudges me if the number on the electric blanket is not to her liking. **Dawna Zullo** →



Dear PFOA, We love the stories and articles in the paper you send out. It’s really great to have an organization like yours on the Peninsula. Keep up the good work for our little friends. Thank you.

Michael D. Snyder and The Princess Mews



← **Dear PFOA,** Here are the long promised pictures of **Viktor** and some of his pals, Tinker his shih-tzu sister and Pumpkin his orange kitty sister. We have another shih-tzu, Emma, that loves playing with him, too. Pumpkin’s nose was a little bent out of shape at first, but they are great friends now! He has been getting along famously and has been a great addition to the family! He is so playful and fun to watch! It’s been a long time since we had a kitten and had forgotten how much energy they have! Thank you so much for helping us pick out just the right kitty! Best wishes to you all for a Merry Christmas!

Kate and Bob Carter

“Dear Peninsula Friends of Animals . . .”



Dear PFOA, George was brought to your shelter almost exactly 5 years ago. → He lived under a trailer and the rest of his history was unknown. We have since come to learn through x-rays that he had suffered a severe hip and femur fracture that received no medical care. He survived that and possibly more. Now George lives a much different life thanks to all of you. He is always loved, well fed, and most importantly has the warmth, safety and security that every cat deserves. Much appreciation for all of you!

Candyce Jack



Dear Friends of Animals, Everyone, Everywhere, Keep doing a great job. God bless you for your caring and understanding. Just because you're poor, it doesn't mean your kids and pets should suffer. Luv and hugs, **Lauren Richards**. Also from Shaq, Midnite, Kobe, Ayla, Frances, Cheyenne, Arwen, Pearl, Liam, Mena, Alvin, and Mrs. Peel (from under the trailer)

Dear PFOA, How happy Maizy has made me! She must have been held a lot before I got her because for the first 6 months she wanted to be held no matter where I went in the house. Thank you (Patti) and PFOA for bringing Maizy into my life. She has been a wonderful “baby” to me and I will love her forever and ever. She's always by my side even when times are tough and I am sad or happy. I spread the news to people wanting animals and to adopt one is so important. So many need homes. She already has a brother that is still in California being well taken care of by my mom. I will move him up here when I get a more permanent home. Again, thank you for all you do. **Michelle and Maizy Brown**



← **Dear PFOA,** Boy, am I happy! I get to snuggle with Waverly whenever I want, and there's lots of room to roam around downstairs. I like that because I'm extremely curious. Upstairs is where the big dog lives, so I only go up there with Waverly when he's gone! He seems to want to play, but I like to be mellow (as you know) so I tell him to leave me alone whenever we see each other – through the window or the gate at the top of the stairs. It's warm and cozy here, and I have lots to do. Dave says I'm “unflappable” – I don't know what that means but it sure is a funny word! Have a very happy New Year! Sending you warm, fuzzy, purring love, **Sebastian** (Thank you again from **Ann and Dave Shreffler** and Wavey!)

Dear PFOA, Here is a picture of David (aka Scooter) taken recently at his new home in Kirkland. He is satisfied with the food, care and love of his new people and makes us laugh at his odd likes. He has a big window and lounges on the dining room table to look at crows and people walking their dogs. He likes Greenies for treats, and Felidae catfood with grain, and Fancy Feast every day. He has taken a liking to my husband Scott and likes to sit on his lap in the evenings. He was slow to warm up but we were very patient and now he accepts us. He is fascinated with water in the bathroom faucets and did not mind having a short bath. I am so grateful to all of you for trusting me with this wonderful cat, and want to assure you we won't forget his shelter home. Please keep me on your mailing list for the newsletter and updates. **Charlotte DeVore**



Dear Peninsula Friends of Animals, This gift is long overdue. We want you to know how much we love having RCA and Cissy as part of our household. They are aging, but still very active. RCA is our rat hunter and killer. She killed two rats. We did not know that they were in our woodpile in the orchard. Ha! They love chasing the birds in the spring. RCA has some serious heart problem. Our vet, Dr. Susan Baillie, let us know RCA will not be with us very long. We didn't want to hear this as Cissy is so attached to her. Of all our 6 dogs, these are the easiest to have. Thank you for helping us adopt them. Hope your holidays were filled with happiness. Happy New Year and keep up the wonderful work! Love from **Wilma and Jim Schilling**

To Everyone at Peninsula Friends of Animals, You guys are the true angels not only this season but throughout the year, every year. Thank you for all you do. It's an honor to come out and help you. Have a very merry Christmas and a safe and happy New Year. Love and best wishes, **Seema White, Jonathan, Maggie, and Liam**

Look who's been adopted!

See
some of our adopt-
able pets on Page 6

---Continued from Page 1



Sebastian



Tiger



Pumpkin



Joey



Ruby



Millie



Morgan



Nala



Molly



Parsley



Sage



Diesel



Turbo



Meghan



Bijou



Berryl



Orange Topaz



Alice



Jen



Joyce



Tinker



Onyx



Bonnie



Connie



Marian



Miss Kitty



Hunter



Douglas



Buster



Sheba

**Mr. Pippin****Nigel**

Look who's been adopted!

**Andy****Graystar****Kilo****Billy****Jilly****Willy****Gilly****Killy****Dilly****Lilly****Tilly****Milly****Vail****Snowbird****Aspen****Darci****Sam
&
Lucy**

Move over Freud, here comes Fluffy!

By Julie Coyle

Anyone who has experienced the joys of owning a pet understands the important role they play in our lives. Now various academic disciplines, ranging from psychology to physical therapy, are tapping into the human-animal bond primarily for its health benefits. Studies have shown pets lower blood pressure and stress levels, alleviate depression and improve people's overall happiness.

For these reasons, animal-assisted therapy (AAT) programs have begun cropping up in an effort to educate people and pets in this field. These programs hope to provide a soft shoulder to cry on, a pair of floppy ears for listening and a source of unconditional love for those who are struggling with emotional and physical problems. The Delta Society based in Bellevue, WA offers training courses for dogs and their handlers to assist people in hospitals,

retirement centers and even in classrooms where pets make the perfect audience for struggling readers. Also joining the ranks of these animal therapists are rabbits, cats, and even birds, learning to sit by bedsides or in counseling offices to bring patients a reprieve from their problems.

The opportunities are endless for animals (and people) to provide a helping paw in giving others new perspectives on their lives and at the same time enriching their own.

As more people come to appreciate the genuine relationship pets offer there unfolds a chance to make sure pets and people alike have every opportunity to live happy, healthy lives.

For more information visit the Delta Society at www.deltasociety.org. ♣



Memorials and Honorariums



Memorials given in honor of a deceased pet, in memory of a friend or family member, or Honorariums to thank special friends are a lovely way to say "Thank you" or "I love you" or "I miss you." A public statement of remembrance can help bring closure or soften grief, as well as honor a loved one. (Please try to keep memorials to three or four lines or less — about 15-35 words — for space consideration. We do not publish photos of pets here, but invite you to submit photos and poems for our online memorial page — for a donation — by logging onto www.safehavenpfoa/memorials.html).

In Memory of Special People

- In memory of **Ragnar Temte**. He always had a smile for a friend, and we will miss him. From **Diane and Leon Lopez**.
- In memory of our very dear friend and neighbor, **Ragnar A. Temte**. From **Al and Verlane Mullins**.
- In loving memory of **Ragnar Temte**. From **Janet A. MacDonald**.
- In loving memory of **Ragnar Temte**. No better friend to human or critter. From **Greg and Jan Moo**.
- In memory of **Ragnar Temte**, from **Shirley Anderson**.
- In memory of **Ragnar Temte**, from **Jeanette and Henry Fischer**.
- In memory of **Ragnar Temte**, from **Dorothy L. West**.
- In memory of **Ragnar Temte**, from **Carolyn Temte**, with **Rex and Judy Slingsby, Randi Hughes, and George and Georgia Wakefield**.
- In memory of **Ragnar Temte**, from **Dee and Beverly Swearingen**.
- In memory of **Ragnar Temte**, from **Bill and Nancy Shaw**.
- In memory of **John Hove**, from **Richard Shields**.
- In memory of **Brooke Carnahan** — never forgotten. From **Helen Hille**.
- In memory of **Thelma Porter** and her beloved calico, **Folly**. Both had long lives. From **Julie Petropolis**.
- In memory of her husband, **William Hanekamp**, from the estate of **Ruth Hanekamp**.
- In memory of **Ruth Hanekamp** from the **PFOA Board of Directors**.
- In love & memory of **Dorothy Lewis**, from **Clyde R. Stice**.



In Memory of Beloved Companion Animals

- In memory of **Zoe and Willie Balzarini**, brother and sister cats, who passed away earlier this year within a few weeks of each other. They were approximately 16 years old. From **Stephanie Balzarini**.
- In memory of **Abby Shaw**, beloved golden of **Bill and**

Nancy Shaw. From **Leanne Willson**.

■ In memory of **Ollie**, Dallas and Nancy Campbell's blind and deaf Cocker spaniel. What a happy little dog he was despite his handicaps! From **Sue and Chuck Skaggs**.

■ In memory of **Spunky**, from **Pacific Northwest Veterinary Hospital**.

■ In memory of my sister Sue's cat, **Victor**, from **Barbara Brubaker**.

■ In memory of **Dolce**, best friend of **Jed and Joella Cary**, from **Neil Burkhardt and Jane Stewart**.

■ In memory of **Ollie**, beloved pet of **Nancy and Dallas Campbell**. From **Susan Pollock, Carolyn Sue Beavert, and Philip Pollock**.

■ In memory of **Grizz Lucas**, faithful companion and best buddy to **Joe and Holly** for 14 years. He was a canine who clearly loved his life! From **Leon and Diane Lopez**.

■ In memory of **Ollie Campbell**, who lived his best three years at Campbell Heaven where **Nancy and Dallas** gave him unconditional love and care. From **Leon and Diane Lopez**.

■ In memory of **Nancy and Dallas Campbell's Ollie**. He'll not be forgotten. From **Helen Hille**.

■ In memory of our dear **Bud Duck** and, lately, **Goose**. From **Craig Andrews and Tara Sparkman**.

■ In memory of **Bucket Carlisle**. You left some big paws to fill! Love, **Turtle Malays**.

■ In memory of **Angel**, dear companion to **Janet and Jess Harker**, from **Diane and Leon Lopez**.

■ In memory of **Eli**, beloved pet of **Eileen and Dennis Franson**, from **Sherry Creech**.

■ In memory of an **unknown cat** who had died alongside a road. From **Mike Baham**, Metairie, Louisiana.

■ In loving memory of **Rita Heywood's little dog, Buddy**, gone now but never to be forgotten. From **Jess and Janet Harker**.

■ In memory of **King Fish**, an unwanted paraplegic kitten and a tribute to **Ann Gilson**, who took this little guy and gave him a long and wonderful life. From **Jess and Janet Harker**.

■ In memory of **Dallas and Nancy Campbell's blind and deaf little dog, Ollie**. May he now run through the Rainbow Valley with eyes that can see and ears that can hear, while he waits for these two wonderful people to join him. From **Jess and Janet Harker**.

■ In memory of our little blue-eyed boy, **Eli**. We miss you, bud. From **Eileen and Dennis Franson**.

■ In memory of **Marshmallow** — gone Oct. 19, 2005 — but not forgotten. From **truebuilder**.

■ In memory of my precious cat clients that passed on in 2010: **Bessie Savaglio, Misty Savaglio, Bud Taylor, and Pewter White**. From **Joy Kennedy Maxion, Kitten Sittin'**.

Memorials and Honorariums

■ In memory of Judy and Bob Wolfe's **Hedy**, their sweet 17-year-old cat who loved her warmed morning milk by the fireplace. I miss her, too. From **Karen Groves**.

■ In memory of **Angel**, my loving companion and bed partner for 12 short years and **Bonnie**, my bottle baby that spent her 18 years by my side. Both of these kitties gave me their unconditional love and were very special to me. I will miss both of them terribly. From **Janet Harker**.

■ In honor and memory of **China Doll**, the tiniest, sweetest little kitty, whom we dearly miss. She was mistress of the Greenhouse, a loving companion and ferocious mouser. RIP, little girl. From **Rory Haggerty**.

■ In loving memory of **Annie Bunny**, my little golden Manx girl. She has left her failing body behind and now her sweet spirit only visits in my dreams. From **Ann Gilson**.

■ In memory of beloved **Kingfish**, my dear little paraplegic boy. Though his body was broken when he came to me as a kitten, his heart was whole and filled with courage and love. He met life gallantly for 11 years and I will always love and miss him. From **Ann Gilson**.

■ Dear old **Skitters** is gone now – such a dear, good cat. Only the last 6 of his 18 years were spent with me, but they were contented, love-filled years. Now he is reunited with his beloved brother and life companion, **Pidgeon**. His memory will be with me always. From **Ann Gilson**.

■ In memory of **Lady**, from **Flora Westfall**.

Honorariums

■ In celebration of **Charlie's** second year with our family. From **Mike, Kristin and Emily Glenn**.

■ In honor of **Barbara Swedeen**, for Thistle and Fagin.

■ In honor of **Roger and Edna Pike**, from **Jay and Kathryn Pearson**.

■ In honor of **Mary Lawrence**, from **Kendall and Kenneth Holtgrewe**.

■ Thank you to our beloved **Janet Harker**, for her dedication to helping the cats and for being a dear and wonderful friend, from **Susan Kreml**.

■ In honor of **John and Kelly Normand**, from **Sterling and Jean Epps**.

■ In honor of **Russ and Diane Stenzel** and **Sammie**, from **Paulette Willson**.

■ In honor of **Chris Wrobel**, from **Sandee Freeman**.

■ In honor of **David and Roberta Loudon**, from **R. T. Loudon**.

■ In honor of **Kathie and Gene Blanton** of Joyce, from **Shawn McLane**.

■ In honor of my sleepy **Willow**, adopted Summer 2008 in Truth or Consequences, New Mexico, where I now live. From **Leanne Willson**.

■ In honor of **Janet Harker**, a founding member who has made so much possible for so many animals. Without her hard work, dedication, and support, PFOA would still be a wish and a dream. **Diane and Leon Lopez**. From **Pamela Swedeen Davee** and **C. Robert Davee**.

■ In honor of **Garrett and Heather Massey** of San Diego, Calif., from **Rebecca and Lynn Skilling**.

■ In honor of **Barbara Swedeen**, from **Gerald A. Swedeen**.

■ In honor of my friend **Katherine Gambier** of Taos, New Mexico, who loves animals. Kat is a beautiful and caring woman, a disabled veteran going through a hard time. It's an honor to know you, Kat. Love from **Franny Koski**.

Cute as buttons and they *rarely* bark!

Frosty and Snowman are two **special pups** who are looking for a very special home together.

Half Lhasa Apso and Shih Tzu, they are cute as buttons, affectionate and playful, and *rarely* bark! However, to go along these wonderful qualities, the brothers are blind and almost deaf. Born two years ago with this genetically-based condition, the boys cope very well and have a great zest for life. They love toys and chew bones, gentle older children, cats, other dogs, and life in general. They are easy to



care for and need a safe, fenced yard and a caregiver with lots of love and time to spend with them.

Their family's move to Scotland has prompted Frosty and

Snowy's relocation, and we are hoping to find them a wonderful new home where they can live out the rest of their lives. They are devoted to each other and their folks, and we know how hard this move will be for them. We also know that in our caring community of animal lovers, there is someone who would appreciate the joys and challenges of sharing their lives with these two wonderful little dogs.

If you are that special someone, please contact PFOA at **360-452-0414** for more information. ❀

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This little Dachshund visited PFOA's booth at a Christmas bazaar in December, enjoying one of the new pet carrying cases sewed by PFOA volunteers.



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THE CLASSIFIEDS

PFOA WISH LIST:

■ **Two new 4"x 4"x 8' treated pressure posts** for a project at Safe Haven; computer paper, Scotch tape (small rolls of refills that come 10 or 12 to a package), duct tape (a roll or two - not a case), 2-inch wide masking tape (a roll or two - not a case); paper towels, \$10 gasoline cards for transporters, small and large extension cords

DARE TO DREAM:

■ **Pressure washer.**

WANTED:

■ **Wanted—Someone to hay** about 20 acres at Safe Haven throughout the summer in return for the hay. Leave a message for Sherry at **360-452-0414**.

■ **Wanted—Foster homes for small dogs:** We are looking for a few nice people who can provide a safe, happy, temporary home for a little dog while it waits for a "forever home." Length of time is variable (perhaps weeks to months); all food, supplies, and veterinary visits are provided. Must be experienced dog owner. Please call PFOA at **360-452-0414** and someone will return your call to chat about the foster dog program.

AVAILABLE TO PURCHASE:

■ **PFOA potholders** are available at **Hair Trix Salon**, 21 Valley Center Place in Carlsborg (Mon.-Fri., 9 a.m.-12 p.m., 360-681-3749); the **Washington State Department of Labor and Industries**, 1605 E. Front St., Suite C, Port Angeles (Mon.-Fri., 8 a.m.-5 p.m.); **Safe Haven** (Tues.-Sat., 11 a.m.-4 p.m.); and at **The Red Rooster Grocery**, 134 1/2 W. Washington St., Sequim (Monday through Friday from 8:30 a.m. to 6:30 p.m.; Saturday from 9 a.m. to 5 p.m.; Sunday from 10 a.m. to 4 p.m., **360-681-2004**; website: www.theredroostergrocery.com). You can purchase these wonderful potholders in many colors and patterns for only \$12.

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Sleepy Willow by Leanne Willson



Dates to remember:

■ **The Annual Meeting**, held at Lazy Acres Clubhouse, 111 Dryke Road, Sequim, beginning at 5 p.m. on **Wednesday, May 25**. Please bring a snack — sweet or savory — to share during social hour. Reports, plans and elections begin at 6 p.m.

■ **The PFOA Board** meets at Safe Haven from 11:30 a.m. to 2 p.m. on the third Wednesday of every month. The public is welcome to attend. Members who are interested are encouraged to come and observe.

■ **Safe Haven shelter** is open Tuesday through Saturday from 10 a.m. to 4 p.m., closed Sunday and Monday. Call **360-452-0414** to leave a message; appointments required.

<http://safehavenPFOA.org>

I WANT TO BE PART OF THE SOLUTION!

I am making a tax-deductible donation in the amount of \$_____ to be used for:

_____Daily expenses (food, litter, medical care, shelter operations, supplies, foster care, etc.)

_____Programs (Spay/Neuter, T.N.R.)

_____I would like to sponsor an adoption-challenged or handicapped animal who is currently in PFOA care, and I will receive a photo and history of the animal.

_____ \$10 per month; _____ \$120 per year _____ \$500 for Lifetime

I am renewing _____ or prepaying _____ my/our membership at \$20 per person per year. I am enclosing \$_____ for _____ person(s) for _____ years.

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(To be removed from our mailing list, please let us know by mail, phone, or e-mail)

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