

Pet Tidings

Published by **PENINSULA FRIENDS OF ANIMALS**, home of Clallam County's only cageless, no-kill pet sanctuary and adoption center, Safe Haven!



Home for the holidays

By Ann Gilson

When Hope and Zoe came to PFOA several years ago, there seemed little chance that either would ever go to a home of her own. But among the many recent changes taking place at Safe Haven, one of the happiest is that our two most handicapped cats are in homes at last.

Zoe, the sweet long-haired tabby who was hit by a car and left with paralyzed hind quarters, came to us two years ago. She loves people and



Zoe has learned to walk much better since going to her new "forever" home.

other cats, and enjoyed living in a big room with

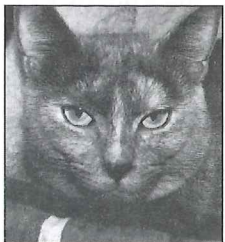
Hope and Tippy, with access to a nice safe deck where she loved to lie. Zoe never stopped trying to regain the use of her back legs, and began to get around pretty well. A few months ago, she began to be allowed in the work area

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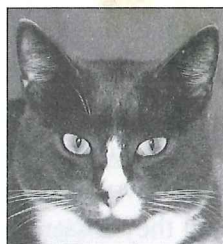
Peninsula Friends of Animals has always been and continues to be an independent group that is not associated with any other group or shelter.

OUR MISSION

To prevent the birth of unwanted pets through aggressive educational and spay/ neuter programs; and to place as many homeless, neglected and/or abandoned pets as possible into good, safe, permanent homes.

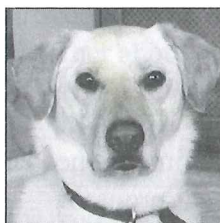


Princess



Snoop

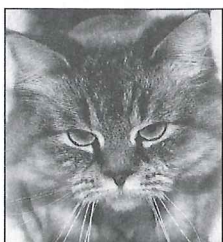
Adopted!



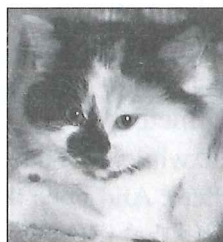
Maggie



Ben

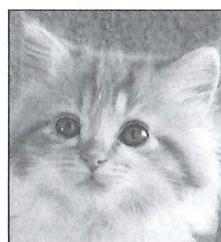


Peanut



Gizmo

See
page 14 for more
Adopteds



Amber

A very happy Jack



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Peninsula Friends of Animals

P.O. Box 404
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(360) 452-0414

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Cats must have three names — an everyday name, such as Peter; a more particular, dignified name, such as Quaxo, Bombalurina, or Jellylorum; and thirdly, the name the cat thinks up for himself, his deep and inscrutable singular Name.

T.S. Eliot



From the Editor's desk

It is sometimes said that change is the only constant, and certainly this winter has brought several changes to PFOA and Safe Haven.

Gary Del Mastro left his post as Safe Haven Caretaker in November. We appreciate all the work he has done for the animals in our care and wish him the best of luck in his new endeavors.

With Gary's leaving, *Pet Tidings* was without an editor. Ann Gilson, Nancy Rudolph and Susan Skaggs stepped up to the plate to put out this issue. All three of us have experience in creative writing and/or journalism.

As most of you know, Kim Pruitt has been working as Shelter Manager for the past four months. It's her cheery voice you most often hear when you telephone Safe Haven. In December, PFOA hired a nighttime caretaker for the Safe Haven building. Angela Lovelace has been

a volunteer for three years and is now living in the Safe Haven apartment with her cats Biscuit and Gravy.

There are two new directors on the PFOA Board, although neither is new to the organization. Ann Gilson was one of the original founders of PFOA and has previously served on the Board. Susan Skaggs has been fostering dogs for over three years and has done other volunteer work for our group.

What remains the same at PFOA are our hardworking volunteers, our many generous donors, the enthusiasm of our Board and you, our faithful readers. Without all of you, PFOA couldn't function. Thanks to everyone who has given of himself for the benefit of cats and dogs.

As always, *Pet Tidings* welcomes your stories, pictures and suggestions. Keep sending us the good stuff!

The Editors

Wanted: A few good foster homes

Peninsula Friends of Animals has a shortage of foster homes for both cats and dogs in the Clallam County area.

"It isn't that we haven't had some really terrific families," says Nancy Campbell, Adoption Coordinator. "But a lot of those families have adopted the animals they were fostering, and now they don't have space for more. We need more people who love animals to step forward and volunteer."

To foster cats, a family must have a secure, indoor environment. PFOA cats are not allowed outside except in screened cat enclosures or yards with cat-proofed fences. For dogs, a fenced yard is highly desirable, but access to a small pet enclosure is acceptable. To volunteer, call or e-mail Safe Haven: 360-452-0414 or pfoa@olympen.com.

Most foster placements are short

term. Families are expected to take the animal to the vet, ensure the cat or dog is on a healthy diet and administer medicine when necessary. For dogs, some training may be required such as house breaking or teaching the dog to walk on a leash. PFOA pays all medical bills, for cat litter and for the pet's food and supplements.

For those who are worried that they may have difficulty "letting go" of an animal they foster, Susan Skaggs, who has been fostering dogs for PFOA for the past three years, has some words of advice: "I remind myself that not every cat or dog in the world needs me to be their owner. Sometimes they just need a friend for a little while. I'm happy to be that friend for them. And once they're placed, I like the idea that if anything goes wrong, they can always come back until the situation straightens out or a new home is found."

Good news for Hope and Zoe

--continued from Page 1

at Safe Haven, when she could be closely supervised, and she began to actually walk for short distances.

Beautiful, friendly, young, and re-learning to walk — but without bladder and bowel control it seemed certain that Zoe would live her life out at Safe Haven. Safe, cared for, even loved — but never to have her “forever home” and her very own guardian.

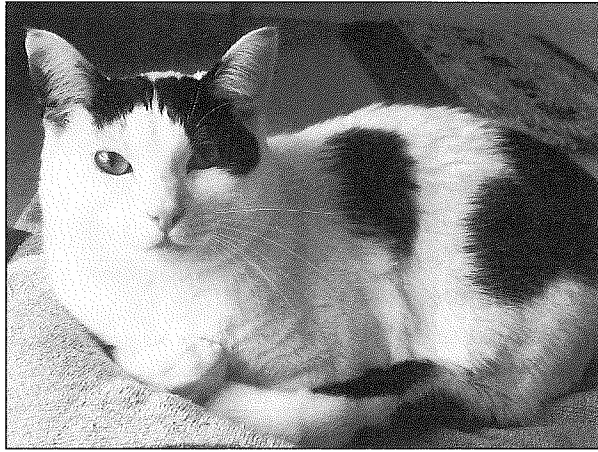
But one day in November, one of our members who has cared for her paraplegic cat for eight years, has a five-year-old blind cat and who adopted three-legged Lulu from PFOA last spring, decided it was time for Zoe to live with her and be her own.

“Expressing her bladder, and cleaning up after an occasional mishap is no problem,” she says, “Zoe was right at home the day she came. She gets along beautifully with all the other cats. She walks all over the house and can climb up on the couch. She even breaks into a little sort of knock-kneed trot when she hears the food bowls being set down.”

And when sunny weather comes again, a big safely enclosed yard waits for her to explore.

Hope, more seriously injured as a kitten, is unable to walk, although she scoots around just fine. She has always been incontinent as well, and sometimes requires bathing because of such poor control.

She needs much more intensive care than Zoe, so we have always assumed that she, too,



Hope enjoys life in a caring foster home.

would spend her life at Safe Haven. But miracles, like troubles, seem to come in bunches. While Hope has not been adopted, she *is* in a wonderful foster home for now.

Linda Kemp is one of only a few people in this area with successful long-term experience with pets who are partially paralyzed and incontinent, and who require expression of their bladders.

She cared for her 18-year-old paraplegic cat, Caspar, who recently passed on, for his whole life.

The Summer '06 *Pet Tidings* told the story of how PFOA provided the cart needed for Maggie, a neighbor's dog with FCE, whom Linda has adopted and cares for, and whose bladder must be expressed. So when we approached her about possibly fostering Hope, Linda wasn't at all intimidated by Hope's problems.

Also, she knew Hope, as she had stayed with Linda and her husband, Martin, a couple of times when there would be no one scheduled to be at Safe Haven around the clock during the holidays.

“I fell in love with her then, and feel we have a real connection,” Linda says, “but her problems are so severe and she requires such constant care that I don't feel I can adopt her and take total lifetime responsibility for her at this time.”

Hope moved to the Kemp's at the end of November and she loves it there. Linda is

able to be at home, and caring for Hope and Maggie “makes every day a joy,” she says. Hope is thriving on the increased attention (though there was no dearth of that at Safe Haven) and increased interaction with the other Kemp pets. Her “accidents” have decreased markedly and she is much more active now.

Hope hasn't been forgotten at the shelter. Barbara Moore, the volunteer who oversaw Hope's care at Safe Haven and who was her “Mama” there, continues to take an active interest in her welfare. She and Linda often consult and support each other's efforts on Hope's behalf.

We, and they, never forget the many sponsors who make Hope's care — at Safe Haven or in a PFOA foster home — possible at the highest level. Their generosity, love, and concern are the bedrock of her existence.

“Home for the holidays” takes on an especially joyful meaning this year in two special homes and for two very special cats.

The story of Jack's new family

By *Melissa and Dave Coughlin*

When Diane Lopez called me one day at the beginning of this year to see if I knew anyone who could foster a larger dog for three to four months, I volunteered our home.

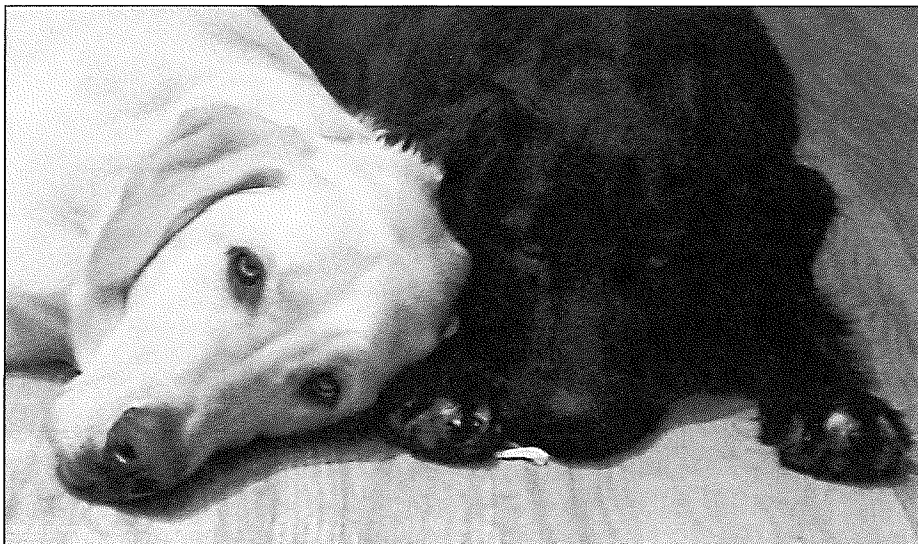
Buddy, my 125-pound, 11-year-old Alaskan malamute is used to "visiting canines," as we have fostered dogs for various reasons throughout the years. We were in the process of adding a 100+ lb yellow lab mix to our family but didn't think the extra dog would be a problem.

You might remember the story from last January about the little boy who contacted PFOA for help in housing his family's pets. They had to relocate temporarily to Seattle to live in a sterile apartment complex run by the Fred Hutchinson Cancer Center. The father had to undergo bone marrow transplant and treatments, and the family wouldn't be able to have their animals for a while.

One of those pets was Jack, apparently a border-collie-lab mix.

The first time I saw Jack was when I picked him up from Pacific Northwest Veterinary Hospital in Sequim, where PFOA had generously had him neutered.

He was a sweet boy right from the beginning. We kept Jack for four months until the family contacted PFOA to say they were ready to reunite with their pets — the father had passed away and the family was ready to come home.



Jack, right, snuggles with Bode after a hard day of playing.

By this time, Jack and Bode (the large yellow lab mix) were inseparable. Their daily routine consisted of gently licking my face after my first stirrings in the mornings, breakfast and then play, play, play, play inside and out until dinner, after which they would play some more.

I imagined it was going to be quite traumatic for the two dogs to be separated, so I took Bode with us when we all met at Safe Haven to reunite Jack and the other pets with the family. I have to admit that although I was prepared to give Jack back, (I had known from the start I was keeping him as a favor for the family), I was a bit broken up.

Bode, on the other hand, took one look at the excited kids and was ready to go back with us, with or without Jack. Meanwhile, Jack had run up to the kids and played like that was *exactly* where he belonged. I felt we had done a good thing and everyone was

where they needed to be.

This past summer, Nancy Campbell called with the news that Jack's family had gained a few more pets, but now they were scheduled to move into a place that wouldn't allow *any*.

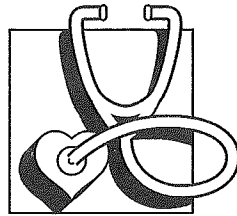
Jack was up for adoption. I once again volunteered to foster Jack. For some reason, I had kept the dog tag I had made with Jack's name and our home phone number and address in addition to Jack's favorite toy, a squeaker ball that Hope, from Best Friend's Nutrition, had given him, (along with ALL his premium food while being fostered).

I picked up Jack from Safe Haven and let him into the backyard with Buddy and Bode — it was as if he'd never left. Even Buddy (at his age) was excited enough to do his bucking-bronco dance.

Over the months, a few

Turn to Jack, page 5

Vet-Smartz



By Dr. Virginia M. Johnson
Diplomate, American Board
of Veterinary Practitioners

THE AGING PET, Part II

(Please note: Part I appears in the last issue of *Pet Tidings*, Fall 2006).

HEALTH PROBLEMS IN SENIOR DOGS

Senior citizen status in dogs is somewhat dependent on the breed of dog we are considering. Small dogs such as poodles and Yorkshire terriers can live to be 16 to 18 years old and do well into these years. Giant-breed dogs such as Irish wolfhounds and Newfoundlands are often geriatric citizens at 10 to 12 years of age. In general, knowing that dogs have more variability of health problems depending on their breed, some common problems in older dogs are discussed here:

■ **Renal or kidney disease** comes in high on this list. Kidneys can start to fail to work properly in older dogs; with this problem, they may drink water excessively or urinate excessively. They may start to be incontinent or leak urine in inappropriate places.

■ **Dental disease** is often much worse in older dogs. Imagine going 10 or more years and never brushing your teeth. Dental disease causes more problems than bad breath alone. Dental problems and gingival disease can contribute to liver, kidney and heart problems that can cause the demise of the pet. Having teeth problems can cause a decrease in appetite or ability to chew food properly.

■ **Heart disease** is prevalent in older dogs. Small dogs often get heart valve disease with heart

enlargement and fluid in the lungs. Large dogs often get primary failure of the heart muscle with resultant heart failure. Dogs rarely get coronary artery disease like people do, but heart disease can cause many problems in dogs.

■ **Cancer** is common in dogs as well as cats. Older dogs are more likely than young dogs to get cancer, but cancer can have young victims, too. The sooner a tumor or cancer is found, the more chances veterinarians have for a positive outcome with increased length of life as well as increased quality of life. Treatments for cancer can range from surgical excision to chemotherapy depending on the type of tumor found.

■ **Cataracts** and other eye problems are usually not life threatening, but these problems can adversely affect the quality of life in our pets. If a pet has decreased vision or is blind, they cannot do as much and be as active as they can when they see well. Many older animals can go blind slowly, and the owner may not know the animals are blind until something changes in the animal's life — such as moving the furniture or changing homes. Dogs and cats are very good at memorizing their surroundings so that they can navigate normally, even if they are not visual. However, animals are more vulnerable and do not handle change in their environment well if they cannot see.

Having their eyes and ears examined on a

Turn to Vet-Smartz, page 6

Jack: *A best-friend dog to play with all day*

--continued from Page 4

people called about adopting Jack, but the right home never happened. People's yards were too small, Jack needed another dog, the household dog was mean to Jack, etc, etc.

When we gave Jack to a

family the night of his last trial stay-over, it dawned on me that Jack was already *at* the perfect home. He had a "best-friend" (dog) to play with all day, another dog that told him how to behave, and Dave and me to cuddle with.

Jack is always such a happy guy, he makes me smile

regardless of my day — he is joy to be around, and while three large dogs are a lot of work, food, and time, the right three are totally worthwhile.

And that, my companion-animal loving friends, is the happy ending to the story of Jack.

Calendar fundraiser still going

"Cats 'n' Dogs...and Artists, Too!" — the full-color 2007 calendar — is still going strong. Through local stores and on the Internet, about 2,000 copies have been sold.

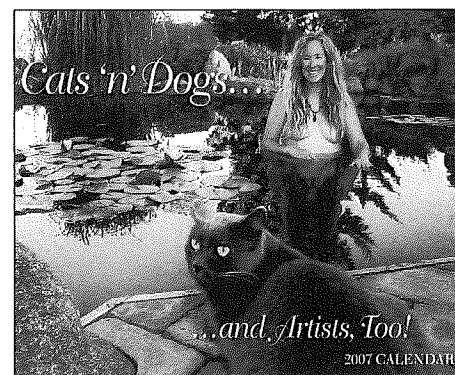
Why? It could be because the models are tastefully nude. It might be due to the artistic photographs of beautiful women of every age group from 21 to 84. Or perhaps it's because the cats and dogs on every page are adorable.

And there's no doubt the paper and printing by Olympic Printers is of the highest quality. But the real reason is probably

because the calendar is useful for an entire year and is just plain fun!

The artists range from painter, poet and musicians to dancer, chef and actress — and many others. There are black cats, white cats, calicoes and more, beagles, poodles and Pekinese galore.

Calendars are still available, now for **only \$10 each**. They come in a beautiful printed envelope showing off a single cat in a flower garden. Don't miss the most talked-about fundraiser on the Olympic Peninsula! All proceeds keep Peninsula Friends of Animals programs going and Safe Haven



running smoothly. To order one by credit card, call 1-800-701-0488 or go online at:

www.CharityCatCalendars.com.

Or send \$10 + \$3 s/h (\$13) to PFOA, P.O. Box 404, Sequim, WA 98382 (for each additional calendar, add another \$10 + \$1 postage).

Vet-Smartz: *Aging in cats and dogs*

---continued from Page 5

routine basis can help slow down or avert problems that may affect a pet's quality of life.

In order to keep your dog healthy and happy as long as possible, I recommend at least an annual general health examination along with an eye examination. Blood tests and a urinalysis should be part of a geriatric dog's annual exam. Other tests, such as radiographs, ECG and Echocardiography should be considered if abnormal findings are found on the health exam or on the blood or urine tests.

Older pets can live very long and happy lives with the proper nutrition, exercise and medical help.

FOR CATS:

- Annual health examinations, laboratory tests and other ancillary tests and procedures as indicated by each individual cat and test results.

- Vaccinations as indicated by each cat's age and lifestyle.

- Daily exercise, often with the guardian participating with toys, or two or more cats playing with each other.

- Good quality nutrition for the life stage of your cat. In general, premium brands (those that cost more money) are better quality and will keep your cat

healthy and happy for many years. Ask your veterinarian if you have questions regarding the quality of pet foods.

- Fresh water always being available.

- Love and attention on a regular basis with hands-on petting and grooming.

FOR DOGS:

- Annual health examinations, laboratory tests, fecal tests and other ancillary tests and procedures as indicated by each individual dog and test results.

- Vaccinations as indicated by each dog's age and lifestyle.

- Daily exercise, often outside with the guardian and taking walks appropriate to the animal's size and ability. Toys are OK for dogs, but are needed less to motivate and exercise dogs than they are needed to get cats to exercise.

- Good quality nutrition for the life stage and breed of your dog. Here again, premium foods are better for your dog. Senior food is beneficial when your dog — depending on breed — becomes middle aged.

- Fresh water always being available.

- Love and attention on a regular basis with activity and grooming by the guardian.

Contest for writers and artists

By Susan Skaggs

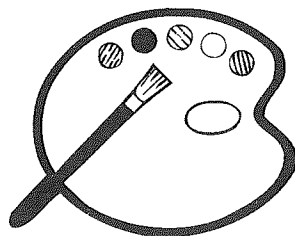
Are you an aspiring author? Gifted with a "turn of phrase"? Or a poet extraordinaire? Maybe you're an arm-chair Picasso.

If so, you're in luck. PFOA is sponsoring a creative writing contest to benefit animals in its care. Organizers are seeking short stories, nonfiction memoirs/essays and poetry with a theme of pets and/or animal rescue. The winning entries will be published in an anthology and sold as a PFOA fundraiser. The winning drawing or painting will be used as the cover artwork for the book. A small donation of \$15 (or more) should accompany your contest entry.

Submissions will be initially screened by experienced local writers, and finalists will be judged by Elizabeth Anne Scarborough, Nebula Award Winner of *The Healer's War* and author of many other fantasy novels. The cover art for the book will be chosen by the PFOA Board.

This is a great opportunity to be recognized for your creative talent and a purr-fect way to help cats and dogs in need of homes.

And if you're particularly good with slogans, send us suggestions for the title of our anthology. If we use your title, we will



recognize you in the credits.

CONTEST RULES

1. Eligible categories include short story, poetry, nonfiction memoirs/essays and artwork.
2. All entries must have pets or animal rescue as their theme.
3. Your entry must have a title (except artwork, which may be untitled), but your name should not appear anywhere on the entry. Instead, enclose a cover sheet with the following information:
 - Title and Category
 - Your name
 - Address
 - Phone number

(This will be a "blind" judging. Judges will not know the name of the author or artist until after winners have been selected.)

4. Maximum length for printed works = 5,000 words (20 type-written, double-spaced pages). Maximum size for artwork = 8 1/2

by 11 inches.

5. There is no limit to the number of entries per person. But each entry must be accompanied by a \$15 entry fee and a separate cover sheet.

6. All entries must be received by April 30, 2007.

7. Written entries will not be returned. Please do not send your only copy. If you want to be sure PFOA has received your story, poem or memoir, send a self-addressed, stamped post card along with your entry.

Artwork will be returned only if it is accompanied by a self-addressed envelope sufficient in size and with enough postage to ensure its return.

8. Send all entries with cover sheet and \$15 entry fee to:

Writing Contest
PFOA
PO Box 404
Sequim, WA 98382

(Make checks payable to PFOA)

9. Contest winners will be notified Fall of 2007.

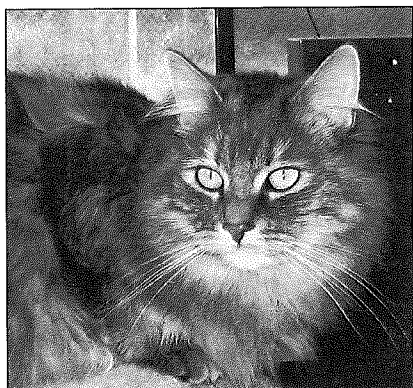
If you have questions, contact Contest Coordinator Susan Skaggs at (360) 582-1643 or leave a message on the PFOA message line: (360) 452-0414.

DEAR PFOA: My cats Sequana and

Roxanne (a PFOA cat) are the best things that ever happened to me. I love them very much! I love Sequana because she sleeps with me at night and is so sweet. I love Roxanne because she is always there for me when I

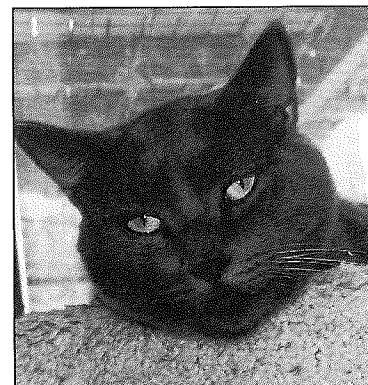
just need a hug or someone to talk to. I like to be home when it's snowing so I can take Roxanne out in the snow on her harness. It's funny when the snowflakes land on her head and she flicks them off by shaking her head. I love to watch my cats play in the snow! **Kelsey Feten, 13**

Safe Haven ADOPTABLES!

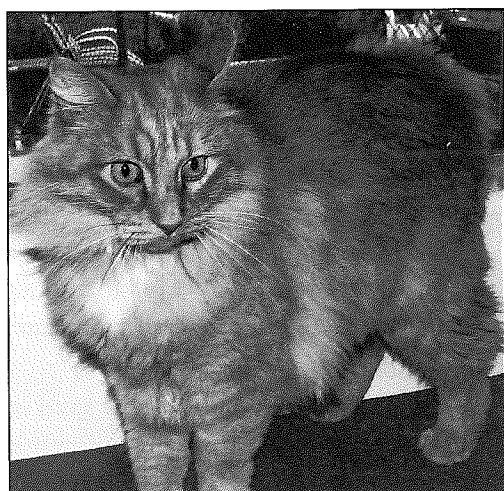


Mae

MAE and **HIWAY** are a lovely, young brother-sister pair who came to PFOA as kittens 2 1/2 years ago and were adopted. Their owner is now moving out of the country, and they need a new home where they can be together. Mae is a beautiful, long-haired tortoisecat. She's very people-friendly and would be a delight to her new owners. Her brother is a dark, Russian Blue-looking cat. He's had some ear problems, but they're clearing up with medication. While not quite as affectionate as Mae, he's still a people pleaser with lots of "purr to spare." They'll make someone a wonderful family.

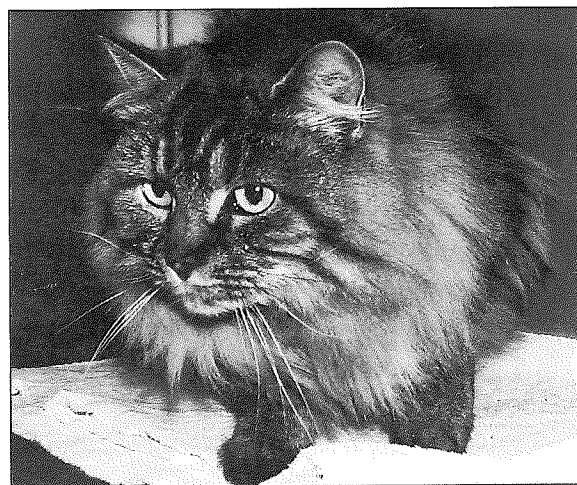


Hiway

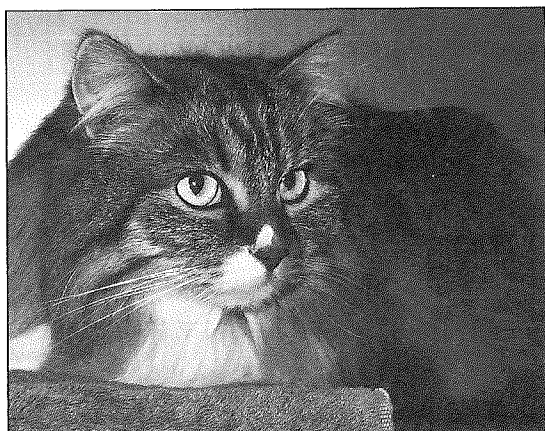


Charlie

CHARLIE is a huge, long-haired, orange kitty. Originally a stray, he'll only be happy as an indoor/outdoor cat, so his owners will need to provide a protected outdoor space. The vet estimates his age at 3 or 4. Despite his friendliness with people, he's been at Safe Haven for more than a year and a half and desperately needs a home. He's a personable, big boy and will make someone an excellent lap warmer and companion.



Molly

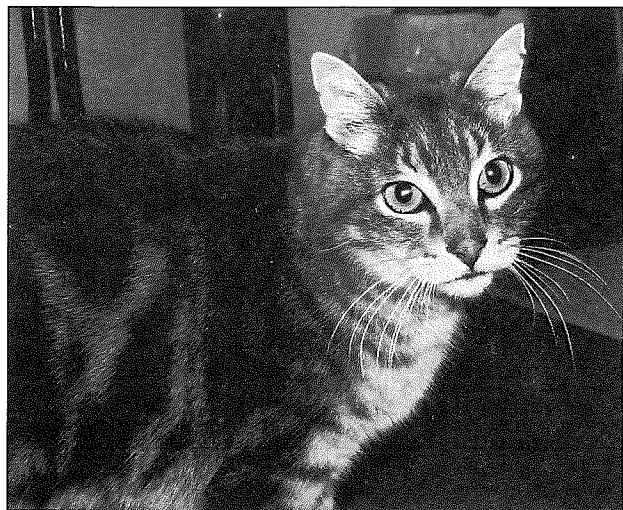


Meghan

MEGHAN AND MOLLY are 5 1/2-year-old Maine coon/brown tabby mix sisters. They, like Mae and Hiway, were adopted from Safe Haven as kittens. Their owner has died, and they've been traumatized by the abrupt change. Given a stable and quiet home without other cats, these lovely girls will again become the friendly, affectionate lap warmers they formerly were.

See more Adoptables on next page

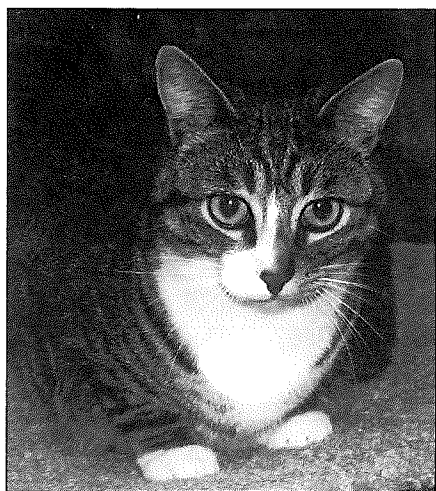
Safe Haven ADOPTABLES!



Grady

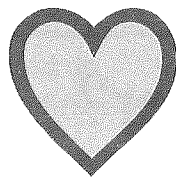
GRADY is a gray, short-haired kitty that the vet estimates is about 5 years old. He was found on Palo Alto Road and it was obvious he'd been on his own for quite some time. Because of this, he'll have a hard time being an inside-only cat; his owners will need to provide him with outdoor space. Despite his background, Grady is extremely affectionate with people. He doesn't do well with other cats, though, and should be in a one-cat household.

Adoption-Challenged

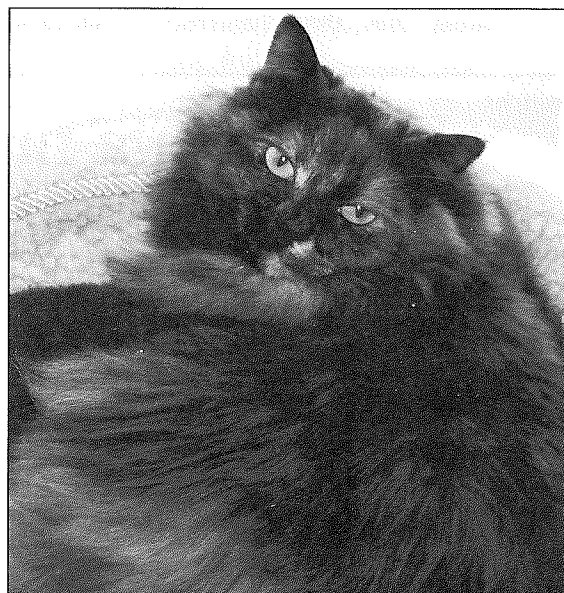


Stevie

Pretty **STEVIE** is a short haired, brown and white kitty. Now almost 2, he's been at Safe Haven since he was a kitten. He's loving and affectionate, but very shy. He likes other cats. But one after another of his kitty friends have been adopted while he's remained. Won't someone give him a chance? This little boy is worth taking the time to get to know.



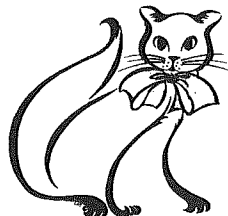
LEXI is a beautiful, long-haired tortie who will need regular brushing. She's a chubby girl who will also need to lose a few pounds to live a healthy life. She's very affectionate with people, but not with other cats and should be an only cat. She'll need an owner who understands her personality — she's dominant, quirky, inquisitive and intelligent. She's also an "affection biter." Is there anyone who can take on the challenges this kitty presents and give her the love she needs?



Lexi

ANIMAL-FRIENDLY BUSINESSES YOU CAN COUNT ON FOR QUALITY PRODUCTS AND SERVICES!

The Cat's Pajamas A Bed and Breakfast for Cats, Inc.

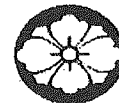


Janet Krantz
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pjkrantz@usintouch.com

A *Cats Only* boarding resort! Large, individual accommodations offering 5-foot climbing poles, catnip mice, soothing music and the latest in cat-craving bug movies! Lap time, tummy rubs and combings. Reservations, **360-565-1077**

Destination for Quality & Variety



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An oasis off the beaten path...but well worth finding! Neil, Jane, Joey (the friendly guy with one brown eye, one blue eye, and paws!) and the staff will greet you with an enthusiastic passion for plants and the knowledge to assist you. **360-681-2827**

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131 Kitchen-Dick Road
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www.visionlandscapenursery.com

Events and seminars, spectacular sales, demonstrations, and ever popular "Paws in the Garden" artists' fundraiser for charity--these are just some of the "extras" you'll find for 2007 at this unique nursery. Plus, flowers, trees, shrubs, and more! **360-683-2855**

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Mary Ellen Zalewski

Office: 360-457-6997

Mobile: 360-808-4327

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DOGGIE DAYCARE WITH COVERED RUNS AND INDOOR ACCOMMODATIONS

Count on Mary for tender, loving care. Lives on-site 24 hours. Veterinarian recommended! Close to P.A. airport. Covered outside pens, dogs in at night. Ask about Doggy Day Care. **360-457-6997**

What's in a number?

Peninsula Friends of Animals does much more than adopt out adorable kittens, purring cats, and happy dogs to appreciative, loving families.

They maintain a spay/neuter program, trap-neuter-release program (TNR), help low-income families with emergency medical expenses for their pets, supply food for pets of low-income folks, and their volunteers foster cats and dogs throughout

the year.

Since 2000, PFOA has:

■ Spayed or neutered **2,809** cats and dogs, averaging about **580** per year for the last four years.

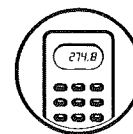
■ Helped **774** low-income people with emergency medical expenses for their pets,

■ Trap-neutered-returned **532** feral cats,

■ Adopted out **840** pets,

■ Fostered **403** cats/dogs.

There is no doubt that



PFOA has helped Peninsula commu-

nities cope with the serious pet overpopulation problem over the years.

But as many as have been born this past year due to the mild weather, countless others have avoided the terrible fate of being born into a world where there are never enough caring homes for them. PFOA is committed to making a difference as long as possible.

Meet a volunteer: Jeanne Iversen

Jeanne Iversen has been “foster mom” to numerous kittens since becoming a PFOA volunteer two years ago.

“They’re your babies. It’s a lot of fun,” she says of her little charges and fostering. It’s rewarding, too, since she knows unwanted cats are often euthanized or left to live as ferals. “I can make a difference,” she adds.

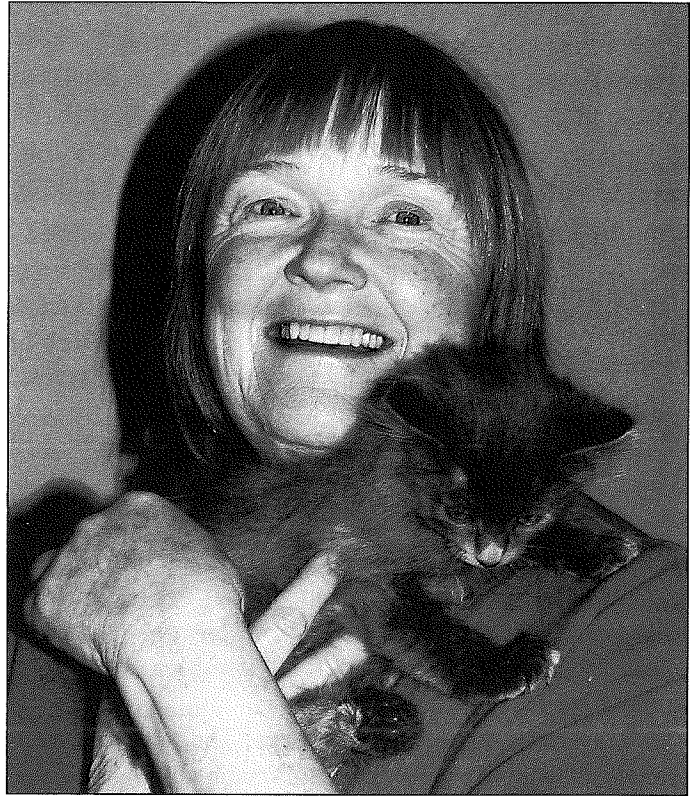
Born and raised in Seattle, Jeanne let her mother pick the rural area they’d live in when she was ready to retire from her job as a research scientist for the University of Washington. Her parents had leased a cabin on Whiskey Creek and that’s the area her mom chose. Jeanne and her mother are now next door neighbors near Joyce.

In addition to her volunteer work for PFOA, Jeanne belongs to a wood working club, enjoys photography and regularly walks a section of beach surveying for dead birds as a Coast volunteer. Coast is based at the University of Washington and uses the data collected by volunteers all over Washington and Oregon to research problems of seabirds.

Jeanne learned about PFOA when she was seeking a companion for her beloved, eleven year old Siamese. That adoption didn’t work out. Jeanne’s Siamese was dying, so a friend adopted her new cat and Jeanne adjusted to the loss of her long-time companion.

Eventually she tried again, thinking she’d adopt an adult cat, but was introduced to Nala (now G.G.), a tiny tortoise kitten. G.G. was curled up with an orange kitten (Willy) when Jeanne first saw her, so Jeanne took both.

Later she adopted Willy’s brother Wally and then added a stray (Caruso) to her household. Her



Jeanne Iversen of Joyce fosters cats and kittens in her home and works at Safe Haven shelter regularly.

brood has the run of her house as well as an outdoor playpen complete with tunnel, ladders and platforms.

Jeanne regularly drives from her home to Safe Haven to do whatever needs to be done. Socializing and loving kitties, changing litter boxes or driving her former foster cats to the vet, Jeanne cheerfully does it all.

She says volunteering for PFOA filled a void in her life when her Siamese died.

“Now I couldn’t quit. The cats need me.”

PFOA board meets -- Safe Haven shelter hours

The PFOA Board meets at Safe Haven from **noon until 2 p.m.** on the third Wednesday of every month. The public is welcome to attend. Members who

are interested are greatly encouraged to come and observe.

Safe Haven shelter is open **Tuesday through Saturday** from **noon to 4 p.m.** It is closed

Sunday and Monday. Please call 360-452-0414 to leave a message if you would like to visit, as appointments are required. A volunteer will return your call.

Proposed by-law changes

The next PFOA General Membership meeting is scheduled for Wednesday, February 28, at 5 p.m. at the Lazy Acres Trailer Park on Dryke Road, just off Highway 101 between Sequim and Port Angeles. Please plan to attend. We need 10% of the membership to attend in order to vote on changes to the ByLaws (please see below for details). We also need to vote for Directors to the Board. (Ann Gilson and Susan Skaggs are now serving as appointees to vacant positions).

(*Italics* indicate proposed deletions; underline indicates an addition to the by-laws.)

Article IV, Section 2. Categories and Classes: The following membership classes are authorized:

- General
- *Senior, student and low income*
- Honorary

Article V, Section 5. Notice of Monthly Meetings: General meetings and monthly board meetings and *General meetings* shall be scheduled by the Board of Directors. Advance notice of any changes to the board's meeting places or times shall be given to all members. Agendas will be made available to those who request them.

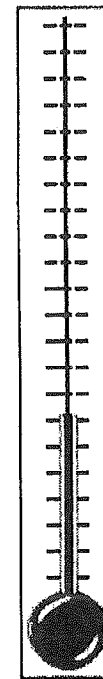
Article VI, Section 1. Term: The affairs of the Corporation shall be managed by the Board of Directors, who shall be members of the Corporation. The number of Directors of the Corporation shall be *seven (7)* twelve (12): Each Director shall *serve* be elected to a term of three (3) years *and be limited to two (2) full consecutive terms*. There shall be no limitation on total terms served. Newly elected directors shall assume office immediately following the adjournment of the meeting at which they were elected. *The initial terms of the first Directors shall be three years for three, two years for two and one year for two in order that the terms will be staggered.* The Shelter Manager shall be an ex officio member of the Board during the term of his/her employment.

Article VI, Section 3. Vacancies: In the event of any vacancy on the Board of Directors, resulting from a resignation or inability to serve of any Director, the remaining Directors shall have the obligation to appoint a successor *at the next duly authorized meeting of the Board of Directors* to serve until the next annual meeting of the members, at which meeting the members shall elect a Director to serve for the remaining portion of the term.

Article VI, Section 7. Obligations of Directors: The Board of Directors shall control and manage the property, business and affairs of this Corporation subject to the direction of the membership. The Board of Directors shall have no power to make, amend, alter, rescind and/or repeal the bylaws. The Board's duties and responsibilities shall include, but not be limited to:

- Adopt policy.
- Adopt an annual budget.
- Approve expenditures, disbursements and transfer of any property
- Adopt a policy governing investment of any surplus funds.
- Execute or authorize the execution of all contracts entered into by the Corporation.
- Adopt goals and a long-range plan for the Corporation.

Fund drive for new adoption center continues



\$500,000

Estimated amount needed in order to begin construction

\$153,000

Funds raised as of 12/31/06

\$0

PFOA continues its drive to obtain the necessary funding to start construction of a state-of-the-art adoption center on the present Safe Haven grounds no later than 2008.

The new building will free up the current Safe Haven adoption building to be used as a lifetime care home for our feline friends whose guardians have provided for them. It will also serve as an emergency housing center for cats whose guardians are in crisis as a result of domestic abuse, fire or other unforeseen emergency circumstances.

Donations can be made to this fund by checking "Building Fund" on the envelope enclosed with this newsletter, or by writing those words on the memo line of your check.

Memorials and Honorariums

Memorials given in honor of a deceased pet, in memory of a friend or family member, or Honorariums to thank special friends are a lovely way to say "thank you" or "I love you" or "I miss you." A public statement of remembrance can help bring closure or soften grief, as well as honor a loved one.

Editor's note: We apologize in advance for any mistakes or omissions here. Please call, write or e-mail if you sent a memorial before Dec. 20 and it does not appear. It will be published in the next issue.

In Memory of Special People

In fond memory of **Frances Grace McLean** and her love for her pets, from **May Carrell**

In memory of **Francis McLean**, from **Sue West**

In memory of **Nancy Thomas**, from **Robert and Nancy Barnett**

In loving memory of **Nancy Thomas**, from **Patricia Dearing and Sherrie Mines**

In loving memory of **Nancy Thomas**, from **Marie McCooey**

In loving memory of **Virginia Thomas's** daughter, **Nancy Thomas**, from **Charlotte and Bruce Ross**

In memory of **Carl Hille**, from **Sue Burns and Jeff Carpenter**

In loving memory of **Ann Kittrelle**, from **David Wood**

In memory of lovely **Ann Kittrelle**, from **William J. Burger**

In memory of **Charles Arlich**, from **Barbara Hamlin**

In memory of **Frank Palmer**, from **Susan Tonini**

In memory of **Armanda Stella Kittrelle**, on behalf of my mother, **Yolanda Stella McArthur**, her sister, my husband and myself, from **Marlene Malek**

In Memory of Beloved Companion Animals

In memory of the felines who have shared our life, from **Peter Grassi and Shirley McFadden**

For dearest **Ribbon**, sweet companion for 15 years of happy comradeship, from **Ann Gilson**

In memory of **Ann Gilson's** beloved cat **Ribbon**, from **Dallas and Nancy Campbell**

In memory of **Ann Gilson's** cat **Ribbon**, the kitty that started our friendship 15 years ago, from **Nancy Rudolph**

In memory of **Schuyler Pickett**, who shared her

home with **Cherie and Jim**, from **Karrie Kalina**

In memory of **Schuyler**, beloved kitty of **Cherie Pickett**, from **Jess and Janet Harker**

In memory of **Braveheart**, from **Pat Nix**

In memory of **Dickens**, from **Carol Kittrick**

In memory of my pal **Buddy (Ray and Nancy's)**, lovingly cared for by **Jess and Janet Harker** these past years, from **Jonathon**

In memory of **Buddy**, beloved foster cat of **Jess and Janet Harker**

In memory of **Luna, Rhonda Calloway's** beloved cat companion, from **James Wilson Pond**

In memory of **Luna, Rhonda Calloway's** little kitty, from **Jess and Janet Harker**

In memory of **Emory**, from **John and Nancy Jost**

In memory of **Lylah**, from **Karen Groves**

In memory of **Dr. Linda Allen's** dear companion, **Candy**, whose love and courage overcame so much, from **Ann Gilson**

In memory of the **Allen** family's beloved dog, **Candy**, who lived her life with such joy, from **Dallas and Nancy Campbell**

In memory of **Bagdad**, the most magnificent specimen of a cat known to man (or at least he'd have liked everyone to believe this). He was full of love and full of himself, and he never failed to fill me with joy. He was a big, sassy boy and he is sorely missed by all, from **R. L. Haggerty**

In memory of **Roger**, a wonderful cat and my protector for 10 years, from **Natalie Spiegel**

In memory of **Pam Miller's** cat, **Dickens**, who passed away, from **Marilyn Lilienthal**

In memory of **Jimmy**, from **Julia Murphy**

In memory of **Diane and Leon Lopez's** beloved **Miss Greysea**, from **Dallas and Nancy Campbell**

In memory of **Graysea**, beloved kitty of **Leon and Diane Lopez**, from **Jess and Janet Harker**

In memory of **Diane and Leon Lopez's** beloved **Miss Graysea**, from **Ann Gilson**

In loving memory of precious "**Pink**", our 20-year-old, sweet kitty girl, from **Dallas and Nancy Campbell**

In memory of dear old "**Pink**," much loved by **Dallas and Nancy Campbell**, from **Ann Gilson**

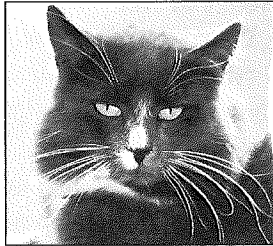
In memory of **Pink**, beloved kitty of **Dallas and Nancy Campbell** from **Jess and Janet Harker**

Look who's been adopted!

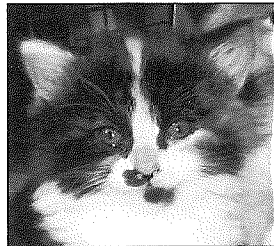
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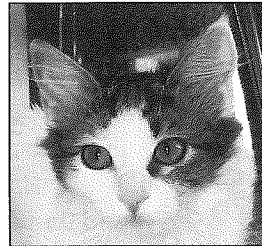
Tabitha



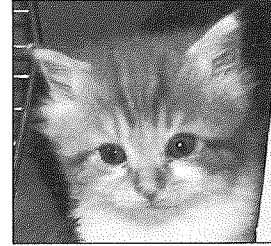
Delbert



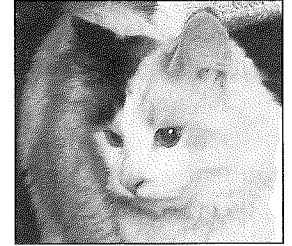
Dulcie



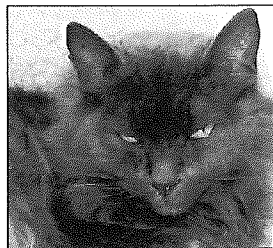
Joelle



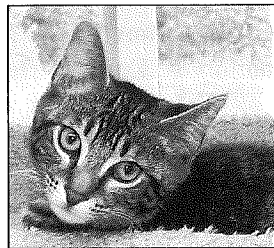
Topaz



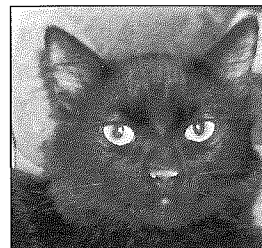
Lilly



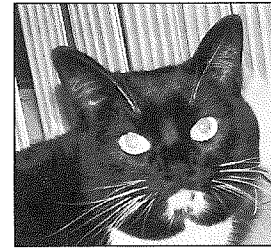
Arnold



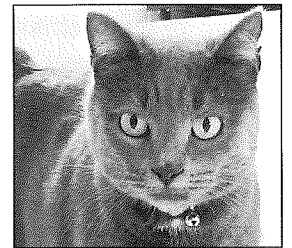
Buck



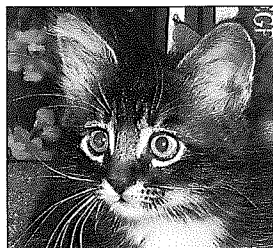
Shadow



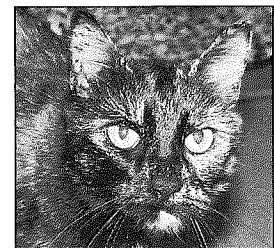
Sassy



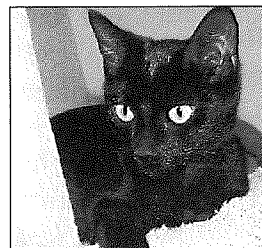
Luka



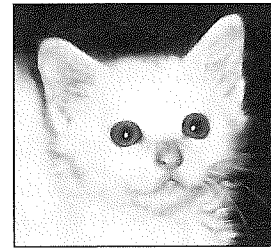
Jace



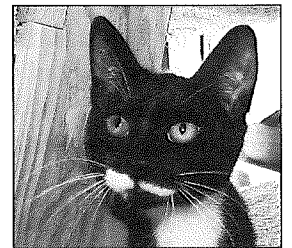
Pepper



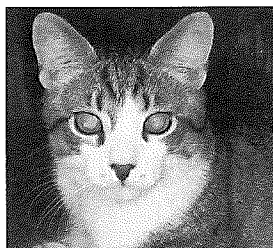
Rochelle



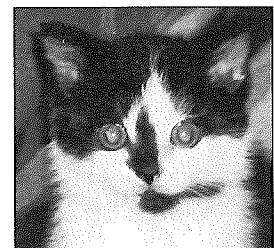
Clark



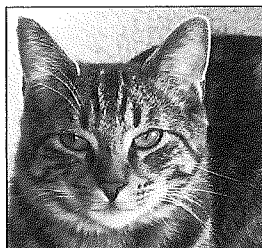
Rocky



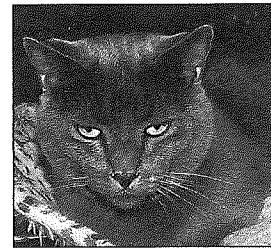
Greysea



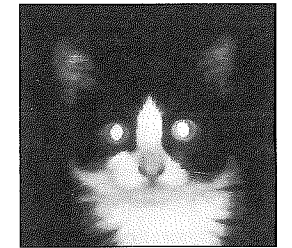
Emma



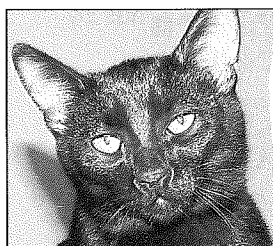
Windsong



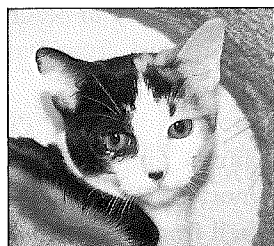
Ellie



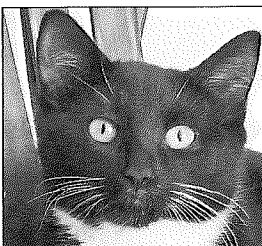
Sallymae



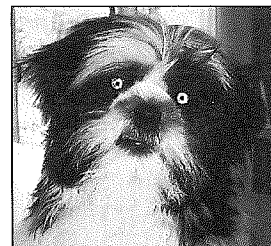
Wilbur



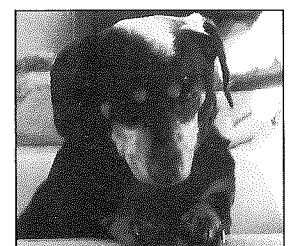
Wanda



Sue



Winston



Heidi

Memorials and Honorariums

--continued from Page 13

In loving memory of **Rita and Svend's** beloved **Katie**. I'm sure she and Billie are having a great time. I shall miss her, from **Joan Woods**

In memory of **Rita Heywood's** little dog **Katie**, from **Jess and Janet Harker**

In memory of **Rosie** — we love you always, from **Jeff and Sue**

In loving memory of **Rosie**, from **Barbara Ross-Burns**

In memory of **Jeff Carpenter's** and **Sue Burn's** "**Rosie**." We will miss her, too. **Jess and Janet Harker**

In loving memory of "**Rosie**." What a wonderful girl!! from **Dallas and Nancy Campbell**

In memory of **Leo**, beloved cat of **Lynn and Gary Anderson** from **Jess and Janet Harker**

In memory of **Muriel Kierch's** beloved **Amber**, from **Ivory and Margaret Brummert**

In memory of **Bill and Carol Follmer's** **Sadie**, from **Ivory and Margaret Brummert**

Honorariums

In honor of **Dr. Jack Thornton**, who worked tirelessly to assist the "**Big Guy**" in remaining as comfortable as possible during his last year, from **R. L. Haggerty**

In honor of **Dr. Linda Allen** and the wonderful staff at Pacific Northwest Vet Hospital, from **John and Sarah Bird**

A gift in honor of **David and Roberta Francie Loudon**, from **R. T. Loudon**

A Christmas gift honoring **William Bloor**, from **Diana Lusby**

A Christmas gift honoring **Dennis Dickson**, from **Diana Lusby**

A Christmas gift honoring **Jeanie DeFrang**, from **Diana Lusby**

A Christmas gift honoring **Candace Kathol**, from **Diana Lusby**

A Christmas gift honoring **Randi Felton**, from **Diana Lusby**

A Christmas gift honoring **Rebecca Mickey**, from **Diana Lusby**

A Christmas gift honoring **John Zey**, from **Louise Hope**

In honor of **Linda Allen**, from **Lynn McGuire**

In honor of **Rene Klein's** 50th birthday, from **Sandra Blair-Bond**

CAT NIPS — WHY MORE THAN ONE?

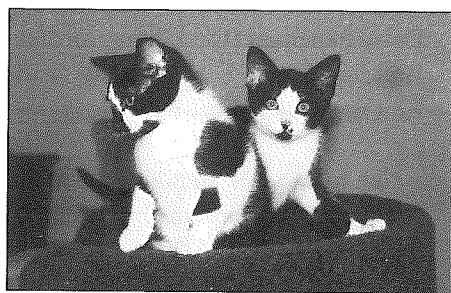
By Karen Groves

Many reading this already know several reasons why. The following pros are for the undecided who are contemplating adopting another cat.

A) You exercise more — Checking out noises (or silences) of cats often requires jumping up — and over, bending, lifting, stretching, speed walking and running. These moves increase exponentially.

B) You have an excuse to ignore chores — When you sit or lie down, at least one cat will curl up on your to foil the other(s). Your function as a cat bed takes precedence over trivial chores.

C) You win oftener at hide and seek — When you call roll before



rushing out the door and someone refuses to respond, an informant will be nonchalantly poised where another is hiding.

D) Your hearing will improve — or seem to — At minimum, you will be subjected to stereophonic sound.

E) Your duty as bad-guy disciplinarian will lessen — Unless you catch the perp in the act, paw print

and nose print graffiti, spills and disarray only have an "alleged" culprit.

F) They wrestle with and pounce on each other rather than you and your project. Usually — It isn't necessarily true that they will get into twice (three, four, five, etc. times) as much trouble.

G) Reciprocated affection to the max — Self-explanatory. Also increases exponentially. Some cats refuse permission for their humans to adopt another kitty, preferring to be an "only."

But whether one cat or many, a home with cat(s) is a home that knows compassion and joy.

Peninsula Friends of Animals

**P.O. Box 404
Sequim, WA 98382**

**Phone: 360-452-0414
Fax: 360-452-0412
E-mail: pfoa@olypen.com**

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**Web site:
<http://safehavenPFOA.org>**

I WANT TO BE PART OF THE SOLUTION!

I am making a tax deductible donation in the amount of \$_____ to be used for
_____ Daily expenses (food, litter, medical care, supplies, utilities, insurance, etc.)
_____ Building Fund; _____ Spay/Neuter Program; _____ T-N-R program;
_____ Emergency Medical Fund _____ HOPE Fund for PFOA's handicapped pets

I would like to sponsor an adoption-challenged pet who is currently in your care.
I will receive a photo and history of that animal.

____ \$10 per month; _____ \$120 per year _____ \$500 for the animal's lifetime

I would like to become a member. Please send me the Membership Application.
____ I am prepaying my \$20 yearly membership fee.

Name _____
Address _____
City/State/Zip _____
E-mail _____

Peninsula Friends of Animals, P.O. Box 404, Sequim, WA 98382